

NASW WV 2020 Virtual Conference Handouts Links

Instructions: Click on the **BLUE links** in this document open Handouts & Activate Links

Note: Not every session will have handouts

WEDNESDAY, SEPTEMBER 9, 2020

9:00 - 10:00am: Welcome / **Opening Speaker**

History Lost, Stolen or Strayed: The Footsteps of NASW

Mildred C 'Mit' Joyner, DPS, MSW, LCSW, President, NASW, Washington, D.C.
Introduced by S. Brian Estes, MSW, Region V NASW National Board Director

10:00-10:30am: Break / Wait Time Features on Channel 1

10:30am - 12:00pm One & One-Half Hour 'A' Sessions

- A 1 [Building Resilience: Taking Care of Ourselves for the Long Haul](#)
- A 2 [White Supremacy Culture at Work: What Social Workers Can Do](#)
- A 3 [Moving Hospice Upstream: Caring for the Seriously Ill](#)
- A 4 [Creative Thinking: Think Outside the Casket](#)
- A 5 [Single Session Strengths and Strategies in Clinical Practice](#)

12:00-1:00pm: Break / Networking with Sponsors & Exhibitors on Channel 1

12:15-12:45pm: [WVU School of Social Work Virtual Reception](#)
(Zoom ID: 815 7443 0123 Passcode: 319546) [Welcome Message](#)

12:05-12:55pm: [Marshall Univ. Dept. of Social Work Virtual Reception](#)

1:00 - 3:00pm Two-Hour 'B' Sessions

- B 1 From Blair Mountain to Bloody Harlan...Historical Context
- B 2 Recognizing & Responding to Clients' Experiences of Racism...
[Anti-Racism Resources](#) [10 Ways White Therapists Can Address Racism](#)
- B 3 End of Life Issues for Veterans
- B 4 [Crossing the Behavioral & Generational Divide](#)
[Additional Handout](#)
- B 5 [Family Therapy with Our Veteran Population](#)
[My Name Exercise](#)

3:00-3:30pm: Break / Wait Time Features on Channel 1

3:30 - 4:30pm One-Hour 'C' Sessions

- C 1 [Working Effectively with WV Foster, Adoptive, Kinship Parents...](#)
- C 2 [State Health Care Solutions Can Work! Health Care for All WV](#)
- C 3 Psychiatric Complications of ICU Care
- C 4 [How Social Identities Influence Our Experiences: Intersectionality](#)
Additional [Intersectionality Handout](#)
- C 5 [Social Work Ethics: Boundaries and Dual Relationships](#)

4:30-5:30pm: Break / Networking with Sponsors & Exhibitors on Channel 1

5:30 - 7:30pm Two-Hour 'D' Evening Sessions

- D 1 [Distant/Rejecting/Self-Absorbed Parent: Intro Practical Techniques](#)
- D 2 [Understanding Military Culture](#)

THURSDAY, SEPTEMBER 10, 2020

9:00 - 10:00am One-Hour 'E' Sessions

- E 1 Understanding Stress & Self-Care: Getting Back Some Control
- E 2 My Mother Wasn't Trash: A Manifesto from Appalachia
- E 3 [Intersection of ACES & Substance Use Disorder](#)
[Behavioral Health Problems Article](#)
- E 4 Best Practices in Suicide Care
- E 5 Digital Ethics 101: Social Media

10:00-10:30am: Break / Wait Time Features

10:30am - 12:00pm One & One-Half Hour 'F' Sessions

- F 1 [Organizational Response to Vicarious Trauma: Trauma Toolkit](#)
- F 2 Choosing Wisely in Geriatric Medical Care
- F 3 Meeting the Needs of Individuals Living in Poverty
- F 4 [Healthy Lifestyle for Prevention of Obesity & Eating Disorders](#)
- F 5 Intro to Evidence-Based Tx of PTSD using Prolonged Exposure

THURSDAY, SEPTEMBER 10, 2020 – Continued

12:00-1:00pm: Break / Networking with Sponsors & Exhibitors on Channel 1

12:15-12:45pm: [Concord Univ. Social Work Program Virtual Reception](#)
(Zoom ID 311 846 0321 to enter waiting room) [Welcome Message](#)

1:00 - 3:00pm Two-Hour 'G' Sessions

- G 1 [IV Drug Related Infections: More than Just HIV and HEP C](#)
- G 2 Screening for Human Trafficking Across Diverse Settings: Tools..
- G 3 [Developing Self-Compassion & Engaging in Self-Care](#)
[Actions for Happiness Calendar](#)
- G 4 [Postvention in VA Care: Helping Vets & Others... After Suicide](#)
- G 5 Positive Behavior Intervention Support at Home

3:00-3:30pm: Break / Wait Time Features on Channel 1

3:30 - 4:30pm One-Hour 'H' Sessions

- H 1 [Home Visiting During the Pandemic](#)
- H 2 [Huh? Tips for Working with Someone with Hearing Loss](#)
- H 3 What Happened at the West Virginia Legislature
- H 4 Bouncing Back: Learning the Science of Resilience
[Resilience Score](#) [5 Ways to Boost Resilience](#) [JAMA Pediatrics Article](#)
- H 5 [Integrating Ethics & Technology: Social Work Ethics](#)

4:30-5:30pm: Break / Networking with Sponsors & Exhibitors on Channel 1

5:30 - 7:30pm Two-Hour 'J' Evening Sessions

- J 1 [Adult Children of Emo. Immature Parents: Advanced Techniques](#)
- J 2 [Veterans & Caregivers, COVID-19, Stress & Cognitive Decline](#)

FRIDAY, SEPTEMBER 11, 2020

9:00 - 10:00am One-Hour 'K' Sessions

- K 1 [Expand WV Beh. Hth Workforce: Loan Repayment/Other Initiatives](#)
- K 2 [The West Virginia 2020-2022 Substance Use Response Plan](#)
- K 3 What is a Foster Care Ombudsman and Why Does it Matter?
- K 4 [How to Survive and Thrive as a Helper](#)
- K 5 Don't Call Us Trash: Deconstructing Appalachia Stereotypes

10:00-10:30am: Break / Wait Time Features on Channel 1

10:30am - 12:30pm Two Hour 'L' Sessions

- L 1 Dialectical Behavior Therapy Group Skills Training 101
- L 2 Understanding and Advocating for LGBTQ+ People
- L 3 Grassroots Community Response to the Addiction Crisis: "SOAR"
- L 4 [Tackling Vicarious Trauma, Compassion Fatigue & Burnout](#)
- L 5 [Fighting Mental Health Stigma: The Right & Freedom to Choose](#)
[Managing Stress](#) [Military Culture](#) [Quality of Life](#) [Self-Compassion](#)

12:00-1:00pm: Break / Networking with Sponsors & Exhibitors on Channel 1

1:30 - 3:00pm One & One-Half Hour 'M' Sessions

- M 1 DBSA: Imp. Lives of those w/ Bipolar Disorder: Online Resources
[DBSA Chapters](#) [DBSA Wellness Tracker](#) [DBSA Wellness Wheel Wkbook](#)
- M 2 [Trends in Substance Use Disorders & Tx Changes Needed](#)
- M 3 Implicit Bias: Recognizing it & Why it Matters
- M 4 Understanding & Using Psych. Assessments in Foster Care
- M 5 Updates from the West Virginia Board of Social Work

3:00-3:30pm: Break / Wait Time Features on Channel 1

3:30 - 4:30pm: **Closing Speaker**

Stories of the Appalachian Experience

Bil Lepp, Storyteller and 'West Virginia's Biggest Liar'