



2022 Virtual Spring Continuing Education Conference for Social Workers

Wednesday, Thursday & Friday - May 4, 5 & 6, 2022

* Asterisks indicate sessions that include recorded content previously presented.

The speakers are anticipated to appear live to provide updated information and/or to respond to questions from participants.

WEDNESDAY, MAY 4, 2022

9:00 - 10:30am: Welcome & Opening Keynote Address

Social Media & Youth, Social Media & YOU

Marcus Stallworth, MSW, LMSW (CT), Training & Development Specialist, Child Welfare League of America and Co-Owner of Welcome2Reality, Waterbury, CT

11:00am - 12:30pm One & One-Half Hour 'A' Sessions

A 1 Recognizing & Addressing Harmful Social Media Use

Marcus Stallworth, MSW, LMSW

A 2 Understanding & Overcoming Imposter Phenomenon: Feeling Like a Phony, Fake or Fraud

Stephanne Thornton, MSW, MDiv, LICSW, MAC, Criminal Justice Specialist, WV Public Defender Services

Impostor Phenomenon (also Impostor Syndrome) is a real psychological phenomenon that consists of second-guessing oneself, feeling like a fraud, and being shrouded in self-doubt at work. It is widespread across professions, but helping professionals were the first to be studied in the development and naming of the phenomenon. Understand how impostor phenomenon can plague achievement and diminish workplace success. Get tools to identify and address impostor phenomenon in clients. Brainstorm and discuss solutions for overcoming feelings of impostor phenomenon for practitioners and those working with clients.

A 3 Mapping Community Resources for the LGBTQ+ Community

Sara Blevins, MS, Education Matters Coordinator, Marshall University, Huntington, WV

In 2021 Huntington Pride, The Cabell County STOP Team, and Branches Domestic Violence Shelter collaborated to use community mapping tools, networking, and marketing to create a print and digital resource guide for the LGBTQ+ communities. This guide is the first of its kind in West Virginia. Presenters from each of these organizations will share the process to replicate this resource guide in other communities. Learn the process from inception to development to distribution. Focus will be on the key role of service provider collaboration, multi-disciplinary approaches, and leveraging community buy-in.

A 4 Moving Forward: Mindset and Establishing Goals

Scott Inghram, EdD, MSW, Associate Professor & MSW Program Coordinator & Shawn Allen, DSW, MSW, Assistant Professor & Director of Field Education, Concord University, Athens, WV

Mindset and goal-setting are integral parts of social work practice. This interactive workshop will evaluate mindset, including the difference in growth versus fixed mindset, and how this influences us as practitioners. We will also review the importance of goal-setting and how our mindset affects how we set goals. Participants will have the opportunity to practice setting goals using the SMART goal strategy and get feedback from other participants.

*A 5 Supervisory Risk: Ethical Issues in Supervision (ETH)

Melanee W. Sinclair MSW, Professor & Chair, Department of Social Work, Bethany College, Bethany, WV

The legal principle of vicarious liability holds that supervisors can be held responsible for the action or inaction of supervisees. This is particularly challenging for those supervising employees without a social work degree, including paraprofessionals, and interns. The NASW Code of Ethics includes principles directly guiding supervision. Concerns may arise if supervisees use personal values to guide decisions, agency policies contradict social work ethics, or supervisors fail to provide adequate supervision. This workshop will explore the ethical, and professional risks associated with supervision.

1:30 - 3:30pm Two-Hour 'B' Sessions

B 1 Ethical Responsibility: Addressing Self Care & Cultural Competence (ETH)

Pattie Nishimoto, PhD, MSW, Associate Professor, Robbin Durham, MSW, LICSW, Assistant Professor & Angela Fedele, JD, MSW, LICSW, Associate Professor, Concord University Department of Social Work, Athens, WV

Using grief and loss theories, we will explore challenges of the COVID pandemic and recommendations to exercise self-care during the first half of the presentation. In the second hour, as part of demonstrating cultural competency, we will explore the impact of racial and social justice crises that make it difficult for social workers to self-reflect; and acknowledge personal privilege. This interactive workshop will provide the opportunity for participants to share examples of taking action against oppression, racism, discrimination, and inequities.

B 2 Foster Care in 2022: Supporting Family-Based Care to Reduce Congregate Care

Marissa Sanders, BS, Executive Director, WV Foster, Adoptive & Kinship Parents Network

West Virginia investigates far more families and removes far more children per capita than any other state. We're also under an agreement with the US Department of Justice due to our overuse of congregate care, particularly for children in the state's custody. To reduce our use of congregate care, and decrease our foster care rates, we must increase support for family-based care. While some policy changes have been made in the last few years aimed at supporting families, there is more to be done. In this session we will discuss recent updates and changes in child welfare, the things families need to thrive, and ways that you can help support all types of West Virginia families.

B 3 Comprehensive Pregnancy Options: Non-Coercive Options Training

Anduwyn Williams, BA, Director for Reproductive Health Access & Charlie M. Mullins, BA, Program Coordinator, WV Free, Charleston, WV

Do you know your options if you become pregnant? As advocates for dignity, respect, autonomy and equality for all pregnant individuals are no exceptions. This presentation will inform attendees on options available to help pregnant individuals receive proper safe care. Attendees will also learn how to effectively present these options to their clients and allow them to maintain complete control of their health and wellness.

B 4 Recovery for Veterans, Military Culture & Moral Injury (VET)

Charles Weinberg, MSW, LICSW, Local Recovery Coordinator, Hershel 'Woody' Williams VAMC, Huntington, WV

Service members are faced with moral dilemmas which can create emotional pain. Moral Injury is a soul wound, a loss of faith in self, leaders and institutions. Explore mental health recovery principles that follow social work ethical guidelines. Review PTSD and how it is similar and different from Moral Injury. Gain understanding of unique aspects of military culture. Didactic information about what Moral Injury is, and how to try to help Veterans and people cope with and work through Moral Injury will be offered.

4:00-5:00pm One-Hour 'C' Sessions

C 1 What Happened at the WV Legislature?

Sean O'Leary, MPA, Senior Policy Analyst, WV Center on Budget & Policy, Charleston, WV

Another session of the legislature has brought bills that could potentially drastically change state income and budget projections and the ability to fund essential health and social support programs. Many other health, social and economic programs and policies may also be substantially changed. This expert budget analyst will review the changes made and the implications for the health and social services sectors.

***C 2 So Embarrassed...Social Anxiety Disorder in 2022**

Laura Wilhelm, PHD, Associate Professor, WVU Dept. of Behavioral Medicine & Psychiatry, Charleston, WV

This presentation will describe Social Anxiety Disorder features and costs. The importance of assessing for and treating SAD will be highlighted. A few fundamental evidence-based treatment strategies for SAD will be described.

C 3 Creating Boundaries & Preventing Dual Relationships (ETH)

Debra Young, EdD, EdS, MSW, Assistant Professor, MSW Program, Marshall University Dept. of Social Work, Huntington, WV

The objectives of this session are to understand the difference between ethics and values, identify interpersonal boundaries and relationship parameters, develop a working knowledge of the types of dual relationships, understand the rural complexities of social work partnerships with clients, identify measures to prevent dual relationships, and strategize ways in which social workers can build appropriate boundaries while maintaining rapport.

C 4 Be The One, Save Someone with Naloxone: Bystander Intervention for Opioid Overdose Reversal

Susie Mullens, MA, Project Coordinator, WV Collegiate Recovery Network, Marshall University, Huntington, WV

Increasing access to Naloxone is a top priority in West Virginia's Substance Use Response Plan. Two organizations have teamed up to address overdose prevention and response on West Virginia's college and university campuses. And "Be The One, Save Someone" multimedia campaign was launched in January, 2021. Learn about bystander intervention theory and how it relates to the use of Naloxone to reverse opioid overdose. Understand how increased access to Naloxone, the opioid overdose reversal antidote, normalizes rendering aid to an individual suffering from an opioid related medical emergency. Become aware of available resources including access to Naloxone.

5:30 - 7:30pm Two-Hour 'D' Evening Sessions

D 1 An Application of Cultural 'Competemility' & Professionalism Model in Appalachia Culture (ETH)

Paula Ugochukwu Ude, DSW, LMSW(TX), Assistant Professor, Concord Univ. Dept. of Social Work, Athens, WV

This session will highlight and promote the "cultural competemility and professionalism" model. Participants will learn how to infuse cultural humility into cultural knowledge, skills, and practice to develop meaningful relationship with Appalachian individuals, families, groups, organizations, and communities. Participants will have an opportunity to identify their cultural/spiritual identify, values, and

experiences of privilege and marginalization. They will also learn how to incorporate culturally sensitive questions to engage people from Appalachia as part of the psychosocial assessment and intervention process.

D 2 Geriatric Care in a Gen Z World and Veteran's Services for this Population (VET)

Kelly Levy, MSW, LICSW, Geripact & Palliative Care Social Worker, Hershel "Woody" Williams VAMC, Huntington, WV

Geriatric integrated care involves assessment, identifying resources/interventions, monitoring care, and supporting those involved in the caregiving. This session will look at how these services can be provided in a manner that encourages dignity and independence and supports the systems that provide the care. Veteran care and available resources for this population will be discussed. "It takes a village to raise a child" and it also takes a village to care for our oldest members.

D 3 Preventing and Addressing Sexual Violence and Trauma in Families: Considerations for Trauma-Informed Practice

Michelle Hand, Ph.D., M.S.W., LSW, Assistant Professor, George Mason University Department of Social Work

This presentation will address trauma-informed considerations for practice when working to prevent and address sexual violence and trauma in families. The presenter will explore common stereotypes and related stigma surrounding sexual violence and trauma, long-term impacts of sexual violence and trauma, and multi-level trauma-informed considerations for social work intervention. Examples of bystander approaches and holistic integrative treatment strategies will be discussed.

THURSDAY, MAY 5, 2022

8:30 – 9:15am: Thursday Keynote Address

Rosemary Ketchum, Wheeling City Council

9:30 - 10:30am One-Hour 'E' Sessions

E 1 Psychiatric Consequences of COVID-19

James Griffith, MD, Chair, WVU Dept. of Behavioral Medicine & Psychiatry, Charleston, WV

This will be lecture format session that covers what is known about psychiatric illnesses among patients who have recovered from COVID-19-will review prevalence of these disorders, mechanisms thought to cause these conditions, and mention potential treatments. Dr. Griffith will also discuss some of the more population based mental health issues which have arisen as a result of the pandemic. Social workers who are working in mental health field need to be aware of these conditions. Also, those who are working in hospitals or long-term care settings will see many patients with COVID-19 and need to have some awareness of these conditions, as well.

E 2 Resilience Redux

Marie Newcomb-Richmond, MSW, LICSW, ACSW, LPC, Counselor, Concord University, Athens, WV

The workshop will focus on the impact of COVID-19, world events, and our return to "normalcy" on the mental health of clients and ourselves. We will explore the unique position we find ourselves in as both persons experiencing the challenging events while providing support for clients, organizations and communities. Discussions will include identifying positive coping strategies to promote self-care and compassion.

E 3 Love Your Birth Control! Person-Centered Counseling for Contraception

Charlie M. Mullins, BA, Programs Coordinator & Melanie Riley, MSN, RN, WV Free, Charleston, WV

This contraceptive counseling training focuses on a shared decision model for client led interaction. The training will emphasize the concept of screening every person capable of pregnancy for intentions, regardless of the purpose of their visit to the facility. The trainers will provide examples and scripting that demonstrate ways to incorporate this screening into any visit. Social workers as well as other social/emotional wrap around service providers frequently have opportunity to have conversations with people in need of contraception and this information is especially important for under resourced populations including substance users, people experiencing homelessness, youth, people of color and LGBTQIA+ individuals.

E 4 Updates from the WV Board of Social Work

Vickie James, MSW, LCSW, ACSW, Executive Director, WV Board of Social Work, Charleston, WV

Your opportunity to receive an update on new initiatives and legislative changes on telehealth, continuing education, fees and upcoming online licensing as well as other issues relevant to social work licensing.

E 5 My Mother Wasn't Trash: A Manifesto from Appalachia

Joshua Wilkey, PhD, Author, and Director of Institutional Effectiveness, Brevard College, Brevard, NC

Based on his nonfiction work, this presentation from an Appalachian writer, historian and educator focuses on the ways his impoverished upbringing in Western North Carolina guided him as a researcher and historian. He offers a unique perspective on Appalachian poverty, from both lived experience and scholarly research, including ideas about how those in the helping professions and

in public policy might better serve impoverished Appalachian individuals, families and communities. Note: This is an edited recording of the popular original presentation from September 2020 followed by a brief discussion period.

11:00am - 12:30pm One & One-Half Hour 'F' Sessions

F 1 Nobody is "So OCD" - Understanding & Treating Obsessive-Compulsive Disorder

Laura Wilhelm, PhD, Associate Professor, WVU Dept. of Behavioral Medicine & Psychiatry, Charleston, WV

F 2 Human Trafficking: Signs, Strategies, & Strengths

Debra Young, EdD, EdS, MSW, Assistant Professor, Marshall University MSW Program & Kayla R Thomas, MSW, Education Coordinator, People Against Trafficking Humans Coalition of Kentucky, Louisville, KY

***F 3 Race & Trauma: Bringing Cultural Competence to the Field**

Akeya Carter-Bozman, MSW, Prevention Specialist, WVU Office of Title IX & Equity Assurance, Morgantown, WV

This presentation is designed to address racism as trauma as well as the impact race and class have on the mental health of BIPOC and other youth/adults of color. This presentation covers the overall impact racial trauma has on mental health, working with youth and adults, and how practitioners can recognize secondary trauma. Lastly, the presentation will cover how to take an equitable approach to addressing racial trauma experienced by clients.

***F 4 Relocation Stress & Transfer Trauma: Helping Long-Term Care Residents Adjust**

Hanna Thurman, MSW, MPA, LCSW, Independent Contractor, Legal Aid of WV Long Term Care Ombudsmen, Charleston, WV, Polly Lafferty, Regional Ombudsman Beckley, WV, & Kathy McIntyre, Regional Ombudsman Martinsburg, WV

Relocating to a long-term care facility is stressful in the best of circumstances. Relocation stress syndrome or transfer trauma refers to physiologic and/or psychosocial disturbances because of transfer from one environment to another. Residents with dementia are at particular risk and may show signs of transfer trauma such as refusing care, wanting to leave the facility, sleeplessness, or poor appetite. Necessary COVID-19 restrictions have exacerbated the chances of transfer trauma due to quarantines, sudden moves, and social isolation. Learn interventions and best practices facilities can employ to reduce transfer trauma and how to mitigate its effects thus improving the experiences of long-term care residents.

1:30 - 3:30pm Two-Hour 'G' Sessions

(Note: Session G 5 continues 4:00-5:00pm to meet LPC Ethics requirement)

G 1 Money & Social Workers: We Need to Talk About It

Reeta Wolfsohn, MSW, CMSW, President, Center For Financial Social Work, Asheville, NC

There's a cost to being a social worker. It's physical, emotional, personal, and professional as well as financial. This universal truth is not universally acknowledged in the field. With roots in helping the poor, volunteerism and church-giving, social work is most often associated with scarcity, need, and lack of resources by the public and by the profession. It is time that we start addressing the toll that financial problems take on social workers.

G 2 Different Drugs, Different Treatments

Mary Aldred-Crouch, MSW, MPH, LICSW, MAC, AADC, Director of Behavioral Health, Recovery Point WV Behavioral Health, Inc., Huntington, WV

Addiction treatment has evolved over the past 50 years with change accelerating in the past 20 years. As science recognized addiction as a brain disease, addiction treatment progressively grew more science-based and expanded beyond the traditional 12-step approach to alcoholism. With changes in alcohol and drug dependence, addiction treatment methods also changed. So, what is the treatment of choice for the most common drugs of abuse today?

*** G 3 Sexual Orientation & Gender Identity 101**

Selina Vickers, MA, LSW, Adolescent Health Initiative Coordinator, SESC (formerly RESA 1), Beckley, WV

Social workers engage with people that have different sexual orientations and gender identities. It is important to treat all clients with dignity and respect. Appropriate, respectful terminology, and awareness of biology, as these relate to an LGBTQ+ individual are important to understanding and communicating effectively with the client. Also discusses the importance of advocating for organizational policies that do not discriminate against an LGBTQ+ individual or client.

G 4 Adult Children of Emotionally Immature Parents & Treatment Considerations

Lindsay Gibson, PsyD, Clinical Psychologist/Author, Virginia Beach, VA

Relationships with distant, rejecting, or self-involved people have caused an epidemic of lives spent in guilt, confusion, self-doubt and false responsibility for others' desires and happiness. Discover how adults who have been gradually shamed out of trusting their inner world can learn to become entitled to self-care and support. It is essential to correct their internal belief that they are less important than others, and therefore bad if they do not unquestioningly serve the needs of others.

***G 5/H 5 LPC Ethics for a New Generation**

Lori Ellison, PhD, MA, LPC, Professor of Counseling, Marshall University, Huntington, WV & Member, WV Board of Examiners in Counseling (Note: Continues 4:00-5:00pm to meet LPC Ethics requirement)

This workshop will tackle some of the ethical issues that have been challenged by the post COVID-19 world we live in, but also those that are seeming to bubble up more frequently through the complaint processes for licensees. Some of these seem to have been re-interpreted loosely in our some of our counseling practices so we need to refresh our memories on what the code says and what that means in practice. Opportunities to discuss and apply these ideas will be provided in the session to help solidify their impact on practice.

4:00 – 5:00pm One-Hour ‘H’ Sessions

H 1 Transitioning Home from Military Service (VET)

George Brawn, Transition Patient Advocate (Retired), Hershel ‘Woody’ Williams VA Medical Center, Huntington, WV

Transitioning from military life to the civilian world after leaving the service involves many challenges for veterans. Adapting to environments which may be lacking in resources and services is often a culture shock. Many veterans find this change stressful, with the potential to contribute to any mental health or psycho-social needs faced by those who seek services. Mr. Brawn will explain common issues associated with this transition faced by our veteran population, with the purpose of helping civilian providers understand the context and complexities of these issues. This session is approved for one hour of Veteran CEs.

H 2 “You’re muted!”- Telehealth in Appalachia

Danielle Woods, MSW, LGSW, Clinical Supervisor & Counselor, AbleTo Inc., Charleston, WV

In recent years, the pandemic has influenced many shifts in how we provide services to our clients. This presentation will explore the use of telehealth in comparison to in-person services. We will explore the pros and cons of attempting to meet the client ‘where they are’, virtually. We then will review common platforms, best practices, and methods to maintain HIPPA compliance. Open discussion will follow.

H 3 Epidemic to Pandemic: The Experience of Rural Older Adults

Shawn Allen, DSW, LGSW, Assistant Professor, & Samantha Byrd, MSW, LGSW, Adjunct Professor, both of Concord University Dept. of Social Work, Athens, WV

Residents of rural West Virginia have been navigating issues related to the substance misuse epidemic, raising grandchildren, and elder abuse as part of their everyday life. The current COVID-19 pandemic has amplified many of these issues in rural residents’ lives, especially for older adults. This workshop will examine these three areas of concern for rural older adults and assess how social workers can offer ethical support and resources.

***H 4 Bridging Prevention & Recovery**

Susie Mullens, MA, Project Coordinator, WV Collegiate Recovery Network, Marshall University, Huntington, WV & Madison Darby Taylor, Student

Participants learn about prevention and recovery, the importance of incorporating both in practices to reduce substance use disorders. This workshop will provide background knowledge and real-life example and challenges of incorporating a prevention & recovery program on a college campus. Participants will learn the steps the CU Prevention & Recovery Organization has taken to establish its program at Concord University, events held by the organization to support prevention & recovery efforts, and collaboration with other organizations on and off-campus.

H 5/G 5 LPC Ethics for a New Generation

(Continuation of G5)

6:00 - 7:30pm One & One-Half Hour ‘J’ Evening Sessions

***J 1 Self-Help Recovery Group Panel**

Joe Deegan, MSW, LICSW, MAC, AADC, Business Development Liaison, Addiction Healing Center, St. Francis Hospital, Charleston, WV

“You aren’t alone.” How does a self-help group work? Join this panel as they detail the process of this method of group therapy. Panel members also will share the benefits of self-help groups and how it deepens connections among individuals in recovery.

***J 2 So Embarrassed: Social Anxiety Disorder in 2022**

Replay of Dr. Laura Wilhelm’s C2 presentation with live Q&A

This presentation will describe Social Anxiety Disorder features and costs. The importance of assessing for and treating SAD will be highlighted. A few fundamental evidence-based treatment strategies for SAD will be described.

J 3 How to Mitigate Your Risk When Providing In-Person and/or Telehealth Services for the New Normal

Elizabeth (Betsy) Cauble, PhD, MSW, President, NASW Insurance Company & Yvonne M. Chase, PhD, MSW, ACSW, LCSW, Assoc. Professor, Dept. of Human Services, University of Alaska/Anchorage

The year 2020 marked a transformational milestone in how mental health practitioners deliver their services. For the past two years, professionals have navigated telehealth and in-person environments to the best of their abilities. By joining this webinar, you will receive critical information from the ethics and risk management point of view, which will equip you with the necessary tools to make the best decision on delivering services for your practice.

J 4 Setting Boundaries with Narcissists

Lindsay Gibson, PsyD, Clinical Psychologist/Author, Virginia Beach, VA

People who are handicapped with narcissistic tendencies, a widespread phenomenon of varying severity, think of themselves first and their emotional life is wrapped up in how they appear to others. They want others to conform to their wishes, to praise them, and get nasty if criticized. They are not mature enough to have reciprocal relationships where both people's needs are met. So setting boundaries with them and getting off the cycle of trying to please them is crucial for one's mental health. These skills are needed widely in this culture.

FRIDAY, MAY 6, 2022

9:00 - 10:30am Friday Keynote Address

Environmental Injustice & Health Disparities: A Perspective for Social Workers

Georgiana Logan, PhD, MS, Assistant Professor/Research Associate, Marshall University Division of Health Science and Public Health, Huntington, WV.

Social work offers key opportunities to help develop strategies to eliminate environmental inequities while offering solutions to reduce health disparities. Environmental justice raises awareness of the disproportionate exposure to pollution, flooding, displacement, etc. between affluent populations and those with less resources, and the resulting effect on health and environment. Includes information on unequal environmental protection provided through laws, regulations, governmental programs, enforcement, and policies. We are fortunate to have Dr. Logan with us again this year to share the powerful current information she has researched about this important topic that will help us serve our clients health and well-being.

11:00am - 12:30pm One & One-Half Hour 'K' Sessions

(Note: Sessions K4 & K5 [Continue](#) until 1:00pm)

K 1 Impact of Incarceration on Children, Families & Communities

Terri Philpott, MSW, PhD Candidate, Instructor, Dept. of Social Work, Concord University, Athens, WV

Imprisonment disrupts positive, nurturing relationships between parents and their children. This workshop will explore the emotional impact of incarceration on children and families. We will discuss recommendations to reduce recidivism, decrease family and economic instability, and ways to improve communities hardest hit by incarceration.

K 2 Bipolar Disorder: Team-Based Diagnosis & Management

Scott Fields, PhD, Psychologist & Professor, Director of Behavioral Sciences, WVU Dept. of Family Medicine, Charleston & Jemma Rampersaud, MD, 3rd Year Resident in Family Medicine, WVU, Charleston, WV

Bipolar Disorder is a mood disorder with potential diagnostic and treatment pitfalls. Patient adherence often makes it difficult to maintain therapeutic gains. This workshop will discuss key concerns, including assessment, finding the right therapeutic interventions, managing impulsivity, and monitoring for harmful behavior. Effective long-term treatment typically involves pharmacotherapy and close contact with the patient. For some, inpatient treatment is periodically necessary to manage safety. A collaborative approach to the diagnosis/treatment of this disorder in primary care clinics can be of benefit to patients.

K 3 West Virginia's Behavioral Health Workforce: High Demand, Low Supply, and Opportunities for Improvement

Carolyn Caninni, MSW, Director of Behavioral Health Programs & Kathryn Pirie, PT, MSc, both of WV Higher Education Policy Commission

WV faces a severe behavioral healthcare shortage on many levels. This workshop will give an overview of core behavioral health professions in WV, the supply and demand of these professions, future projections, and recommendations for effective distribution of the workforce. The current and future efforts to increase recruitment and retention will be discussed.

K 4 When Society Polarizes & Health is Politicized: Changing the Narrative to Achieve Better Outcomes

Catherine Slem, MD, MPH, Public Health Consultant, Charleston, WV

Health and health care issues are becoming increasingly politicized. Social structures are increasingly polarized. Decisions that impact individual, family, and community health are only minimally based on data and expertise. A Look at what's happening and why; effects on health, health care, and the health care workforce. Explore both individual and societal level strategies that can be used to operate within and work to change the situation long term with a goal of healthier individuals, families, workers, and communities.

K 5 Intimate Partner Violence & Veterans (VET)

Sarah Zahlen, MSW, LCSW, Social Worker, Hershel 'Woody' Williams VAMC, Huntington, WV

(Note: Continues until 1pm to meet 2hr Veterans CE requirement)

Intimate Partner Violence (IPV) is violent behavior by a current or former intimate partner. This session will cover sexual assault, stalking, strangulation, and human trafficking as it relates to IPV and specifically how the Veteran's Health Administration (VA) is addressing these issues. Tips on how to screen and identify both abusers who use IPV and their victims will be discussed, along with evidence-based treatment modalities.

K 6 Accounting for ACEs: Effective Feeding Strategies for Kids Affected by Trauma

Jessica Luzier, PhD, Clinical Psychologist & Associate Professor, & Bessie Tadlock-Jiminez, MSW, LICSW, Assistant Professor & Director of Clinical Social Work, both of WVU Dept. of Behavioral Medicine & Psychiatry, Charleston Division

(Note: Continues until 1pm)

1:30 - 3:00pm One & One-Half Hour 'L' Sessions

L 1 Religious Trauma - Behind the Stained Glass

Halle Stewart, MSW Candidate, WVU School of Social Work & Intern, NASW WV, Morgantown, WV

As social workers we are trained to generally see spirituality/religious affiliation as a protective factor. Sometimes however we have clients who feel damaged by their involvement in more authoritarian dogmatic religious organizations. This workshop will discuss religious trauma including the forms it takes in extreme religious circles. Special attention will be paid to recognizing the signs that someone has experienced religious trauma, as well as understanding how to sensitively engage in a way that respects and empowers clients.

L 2 An Integrated Approach to the Clinical Treatment of Addiction

Alysha Nichols, MSW, MPA, LCSW, AADC, MAC, Assistant Professor & MSW Field Coordinator, Marshall University, Huntington, WV

As the drug epidemic and overdose rates continue to soar in West Virginia, various prevention and intervention strategies are being implemented to reduce these increases. This session will review the current trends and evidence-based clinical intervention strategies being used to prevent and address addiction, suicide, and overdoses. A holistic treatment approach will be emphasized, acknowledging the need to be aware of biological, psychological, and social aspects of one's circumstances. A look at the importance of a successful integrated treatment approach will be included, focusing specifically on brief treatment methods such as Solution Focused Brief Therapy and Motivational Interviewing.

L 3 The Social Worker's Role in Reducing Client Harm & Risk of Criminalization for Self-Managed Abortion Care (ETH)

Rachel Dash, MSW, Clinical Social Worker, Charleston, WV & Lauren Paulk, JD, Senior Research Counsel, If/When/How: Lawyering for Reproductive Justice, Oakland, CA

Using a reproductive justice framework, this presentation introduces the concept of self-managed abortion (SMA). The attendees will gain an understanding of the role of social workers in relation to SMA, legal issues, and how to fight against the criminalization of our clients for self-managing their own abortion care. This presentation will also address how the social work code of ethics informs our practice when a client chooses to self-manage their abortion.

L 4 WV ABLE Program of WV Treasurer

Roxanne Clay, MA, Director, WV ABLE: A Program of the West Virginia State Treasurer, Charleston, WV.

WVABLE is a savings and investment account program available through the WV State Treasurer's Office that allows qualifying individuals with disabilities to save and invest without losing government benefits such as Medicaid or SSI (within limits). You will be able to identify eligible individuals and educate them about the program's availability and operation.

***L 5 Creating Boundaries & Preventing Dual Relationships (ETH)**

Replay of Dr. Young's C3 presentation with live Q&A

The objectives of this session are to understand the difference between ethics and values, identify interpersonal boundaries and relationship parameters, develop a working knowledge of the types of dual relationships, understand the rural complexities of social work partnerships with clients, identify measures to prevent dual relationships, and strategize ways in which social workers can build appropriate boundaries while maintaining rapport.

3:15 – 3:45pm: Conference Closing Session