

Keynote Address and Workshop Session Descriptions

Opening Keynote Address, Wednesday, April 29, 9:00 - 10:15 AM

Generations of Social Work and Beyond Kathryn Wehrmann, PhD, MSW (see description page 4)



Wednesday Morning One-Hour 'B' Sessions, April 29, 2020, 10:45 – 11:45 AM

**B 1 My Mother Wasn't Trash:
A Manifesto from Appalachia**

Based on his nonfiction work, this talk from an Appalachian writer and educator focuses on the ways his impoverished upbringing in Western North Carolina guide him as a researcher and historian. He offers a unique perspective on Appalachian poverty from both lived experience and scholarly research, providing ideas about how those involved in helping professions and in public policy might seek to better serve impoverished Appalachian communities. Joshua Wilkey, PhD, Author, Director of Institutional Effectiveness, Brevard College, Brevard, NC.

B 2 Out of the Pills: Video and Discussion

View and discuss this brief film delivering a no-holds-barred view of a Fayetteville, WV man's struggle with addiction, the process of recovery, and how he is reclaiming his life and family. If TV, this would have a viewer discretion advisory for strong language, just so you know. Produced by 1on1 Films composed of students from Ithica College, the film was entered into the College Emmy Awards.

Cliff Massey, Harm Reduction Coordinator, Fayette County Health Department, Fayetteville, and Joe Deegan, MSW, LICSW, Business Development Liaison, Addiction Healing Center, St. Francis Hospital, Charleston, WV.

B 3 Public School Resources and Supports for Homeless Students

Services provided through the McKinney-Vento Homeless Assistance Act and Every Student Succeeds Act offer an opportunity to identify homeless students and enrich their lives. WV currently has nearly 10,000 homeless identified students enrolled in public schools. These children are entitled to the same educational opportunities as all students, but are at-risk due to their circumstances. The numbers are steadily increasing because of better identification training to school service and professional personnel.

Rebecca Derenge, MA, ABD, Coordinator, Office of Federal Programs, WV Department of Education, Charleston, WV.

B 4 Healthy Lifestyle for Prevention of Obesity & Eating Disorders

Eating disorders and obesity are chronic health problems that often emerge in childhood and adolescence. Both are difficult to treat and may pose serious medical and behavioral health effects. The prevalence and common health consequences of both EDs and OB in youth are presented, followed by a description of how these conditions interact. Five best practice prevention strategies and specific action steps are outlined. Jessica Luzier, PhD, Associate Professor, WVU Department of Behavioral Medicine & Psychiatry, and Jamie Jeffrey, MD, Medical Director, Healthy Kids Wellness and Weight Management, Charleston Area Medical Center, both of Charleston, WV.

B 5 What Happened at the West Virginia Legislature?

Another session of the WV Legislature is behind us and it's time to assess what the heck just happened! Focuses on legislation related to health care, the state budget, middle and low income working families, and safety net programs that protect the state's most vulnerable and at risk citizens. Sean O'Leary, MPA, Senior Policy Analyst, West Virginia Center on Budget & Policy, Charleston, WV.

B 6 Recognizing and Addressing White Supremacy in the Workplace

Healthcare and Social Service Organizations that unconsciously incorporate characteristics of white supremacy culture make it difficult, if not impossible, to open the door to other cultural norms and standards. How can we acknowledge and address these issues while working to achieve a common mission? This introductory overview is rooted in the principles

of social justice, dignity and worth, and integrity outlined in the NASW Code of Ethics.

Ondine Quinn, MSW, CSW and Drew Bowling, MSW, CSW, both of Fourth Coast Consulting Cooperative, Lexington, Kentucky. ETH

B 7 Huh? What Did You Say? Working w/ Someone w/ Hearing Loss

Provides an overview of hearing loss, how it impacts the individual and those around them. Recognize the prevalence of hearing loss, why it is important, communication techniques, and become more sensitive to the needs of someone with hearing loss. Includes a simulation and examples of degrees of hearing loss. Learn about hearing loss, be better prepared to anticipate the needs of, and work more effectively with people with hearing loss.

Sarah Shapero, MSW, LCSW, Social Worker, Hospice Care, Charleston, WV. ETH

**B 8 Harm and Crime Hurt, Justice Can Heal:
Why Restorative Justice?**

Restorative Justice is a process where all stakeholders affected by an injustice discuss how they have been affected and decide what should be done to repair the harm. Offers an overview of restorative justice philosophy, practice and programs. Explores the various ways restorative justice can be used in the classroom, courtroom, or community, both as a response to harm and as a way of building resilience in individuals, and deeper connections among people.

Lida Shepherd, BA, Director of Racial Justice Organizing, American Friends Service Committee WV Economic Justice Project, and Rose Ann Hefner, CSJ, LPC, LSW, Therapist (Emeritus) KPCC Counseling, both of Charleston, WV.

B 9 I Count! You Count! We ALL Count!

This interactive and informative workshop breaks down how important the 2020 Census is to our communities, our consumers and for US! Learn how the Census data informs social work on every level and leave ready to support the 2020 Census process in your work and personal life. Jennifer Wells, MSW, Our Future West Virginia and Count Me In WV Coalition, and Carey Jo Grace, Our Future West Virginia.

B10 Single Session Strengths and Strategies in Clinical Practice

Increasingly, as clinicians strive to provide the best evidence-based patient care, they are expected to do more with less-in more ways than can be listed here. Focuses on maximizing connections with patients and targeting life-affirming possibilities for change in brief encounters/ contexts. Philosophical and practical aspects of single-session therapy will be outlined. The relevance and utility of Focused Acceptance and Commitment Therapy (FACT, Strosahl & Robinson) will be presented in more detail.

Laura Wilhelm, PhD, Associate Professor, WVU Dept. of Behavioral Medicine and Psychiatry, Charleston, WV.

B11 Autism Spectrum Disorder (ASD) and Employment

Finding employment can be a challenge for any high school or college graduate, but especially for one with ASD. Discusses challenges faced by those with ASD in seeking employment, as well as the economic, societal, and humanitarian benefits associated with hiring employees with autism. Explores strategies to assist individuals with autism find and sustain employment. Also describes low-cost, effective strategies which employers can utilize to support this skilled workforce.

Hillary Adams, EdD, Employment Coordinator, The College Program for Students with Autism Spectrum Disorder, WV Autism Training Center at Marshall University, Huntington, WV.



Wednesday Afternoon, April 29, 2020, Three-Hour 'C' Sessions, 1:15 - 4:30 PM

C 1 Connections Matter: Building Resiliency in Children and Families

Discuss and engage in experiential activities around building caring connections with children and families to improve resiliency. Participants will gain a better understanding of trauma-informed care, brain development as it relates to trauma, Adverse Childhood Experiences (ACEs), resilience, and health. Includes WV ACEs data, action-planning, and next steps for making a difference through trauma-informed care.

Michelle Baranaskas, MSW, LCSW, Coordinator, TEAM for WV, Inc., South Charleston, WV. Limit: 25.

C 2 In the Aftermath: Helping Couples Recover from Affairs and Betrayal

Research indicates that approximately half of married people cheat on their spouses, and many go on to divorce. This seminar explores the trauma of relational infidelity and provides a theoretical model with specific interventions developed by John Gottman designed to assess couples and to help them recover from betrayal and re-establish trust. Both beginning and experienced clinicians who treat couples and families will benefit from this presentation.

Andrew Counts, MA, LPC, ALPS, Certified Gottman Couples Therapist, KPCC, Charleston WV

C 3 Clinical Supervision Basics for Social Workers and Counselors

Will detail the process of facilitating the professional and clinical development of a junior social worker/counselor through a culturally informed and mindful relationship. Discreet administrative, educational, and supportive functions of supervision will be examined. Participants will gain familiarity with important core elements of supervision ranging from educational assessment to issues of race, gender, culture, spirituality, authority and power. Janie Howsare, MSW, MPA, LICSW, Director, WVU Faculty Staff Assistance Program, WVU Department of Behavioral Medicine and Psychiatry, Morgantown, WV and Jamie Jacobs, LPC, ALPS, MA, Therapist, Owner, Mountain Laurel Wellness, Morgantown, WV. Limit 50

C 4 Family Therapy with Our Veteran Population

Relevant for therapists who are seeing military and/or veteran couples or families in treatment. Common problems include: reintegration after deployment, coping with PTSD symptoms, overcoming addiction and effective communication. Many of the family therapy techniques can be applied to the general population and families with foster care children as well.

Gwen Humphrey, MSW, LCSW, SUD Specialist, VAMC, Huntington, WV. VET

C 5 LPC Ethics

Using the 2014 Code of Ethics standards by American Counseling Association guidelines, cases will be discussed. This will include how to identify which standard was in question or violated. Using the chart provided by ACA, the presenter will walk through the steps found on the website in resolving ethical dilemma. Ravi Isaiah, DMin, MDiv, LPC, Director of Chaplaincy, Charleston Area Medical Center, Charleston, WV. Limit 60. *Note: Not approved as social work ethics*

C 6 Play Therapy: Evidenced Based Treatment for Complex Trauma

Complex trauma can effect brain development and resulting behavior, physical health and mental health for life. Play Therapy is a treatment approach linked with the neuroscience of behavior through brain function and results in behavioral change and has the potential for changing behaviors and outcomes. Attendees will learn play therapy-based strategies and activities to integrate into their practice and supervision.

Katrina Jefferson, MSW, LCSW, Owner, Peacetree Center for Wellness, Ona, WV.

C 7 Problem Gambling in West Virginia: Treating the Hidden Addiction

One in fifty West Virginians may be struggling with a gambling addiction, but few will get the treatment they need. Learn about the symptoms and risk factors for problem gambling, and why it is so often overlooked by clinicians. Learn to effectively screen for problem gambling among your clients and what resources are available to help them. Find out more about becoming part of 1-800-GAMBLER's network of WV therapists.

Sheila Moran, MSW, LSW, ICGC, Director, Communications & Marketing, Jennifer Davis-Walton, MS, Program Director, First Choice Services, Charleston.

C 8 Essential Tools to Address the Opioid Epidemic in West Virginia

This distinguished panel presents an overview of the opioid epidemic in WV. Initial focus is on brain chemistry and the scientific basis of opioid use disorder, as well as treatment methods, including currently available resources. The effect of the substance abuse epidemic on the criminal justice system in WV is then described; specifically how the needs of people suffering from SUD are addressed by the judicial system, including community-based drug courts as well as treat-

ment in correctional institutions. Lastly, an overview of how stigmatization of opioid use disorders and of medication-assisted treatment has evolved. Offers strategies for social workers to reduce stigma.

Garrett Moran, PhD, MPA, Associate Director of Services and Policy Innovation, WVU Morgantown, WV, The Hon. William Thompson, Judge, Twenty-Fifth Judicial Circuit, Boone and Lincoln Counties, WV, and Laura Lander, MSW, LICSW, Associate Professor, Clinical Social Worker, Supervisor, and Section Chief, WVU Department of Behavioral Medicine & Psychiatry, Morgantown, WV.

C 9 How to Survive and Thrive as a Helper

Being a human service provider will be stressful from time to time, even most of the time. The best way to prevent burnout is to prepare for the possibility and explore ways to cultivate slowness, and nurture vision, solitude, physical activity and simplicity. The mantra for this workshop is Stress is inevitable but suffering can be optional!

Chatman Neely, MSW, LICSW, MSW, Clinical Social Worker & Innkeeper, Barn With Inn, Wellsburg, WV. ETH

C10 Solution Focused Therapy: Re-Solving Problems Through Exceptions

Empowerment is a watchword of social work, yet we are often at a loss as to how to empower our clients. Solution Focused Therapy, part of the Positive Psychology movement, puts the power to change in our client's hands. Provides participants the opportunity to identify key concepts, understand the difference between a Problem Solving and a Solution Focused model, and demonstrate beginning-level key questions of the model. Assessing clients and addressing the role of the social worker as problem solver are discussed Neal Newfield, PhD, MSSW, Associate Professor (Retired), West Virginia University School of Social Work, Morgantown, WV.

C11 White Supremacy Culture at Work: What Social Workers Can Do

This interactive workshop challenges us to the ways that white supremacy culture is embedded in our work places. Recognizing the characteristics of white supremacy culture helps us to understand how organizations unconsciously (and consciously) apply them as their norm and standard, making it difficult if not impossible to open the door to other cultural norms and standards. This skills-based workshop is rooted in the principles of social justice, dignity and worth, and integrity outlined in the NASW Code of Ethics.

Ondine Quinn, MSW, CSW and Drew Bowling, MSW, CSW, both of Fourth Coast Consulting Cooperative, Lexington, Kentucky. Limit 30. ETH

C12 Ethics and Risk Management in the New Era of Social Work

A 'refreshed' version of this popular workshop intended for social workers in all settings and positions, not just clinical, therapeutic mental health setting. Covers key concepts in risk management such as confidentiality and its exceptions, duty to warn, and informed consent. Present the major reasons social workers are sued and what you can do about those risks. We want to give social workers peace of mind not only through our malpractice solutions but also by providing relevant content and educational information to help mitigate any potential risk during the social work journey.

Bo Walker, MSW, LCSW(TN), DCSW, NASW ASI Trainer & Director of Social Services, Moccasin Bend Mental Health Institute, Chattanooga, TN. ETH

C13 Hoarding and the Stuff of Our Lives: ACT and MI Perspectives

Everyone seems to know a hoarder or have a personal story of hoarding. What is going on with us and with our clients? What is going on with our society? Acceptance and Commitment Therapy (ACT) offers several interesting perspectives on the way our mind-based attachment contributes to our pain, suffering, and being stuck in an increasingly tight tangle of avoidance of life. Motivational Interviewing (MI) helps us appreciate the deep ambivalence some people feel about their stuff, and ways to have an effective, compassion-based conversation.

Sky Kershner, DMin, MSW, LPC, LCSW, Executive Director, KPCC Counseling, Charleston, WV.

C14 ReClaim West Virginia:

Helping Educators Promote Resilience in WV Students

ReClaimWV advances the wellness and resilience of WV students through technical assistance to educators on topics including trauma, challenging behavior, and compassion fatigue. The program collaborates with local education agencies, schools, communities and families to address the physical, social-emotional, behavioral and mental health needs of students. Funded by the WV Dept. of Ed, the WV Behavior/Mental Health Technical Assistance Center is housed at the Autism Training Center at Marshall University. Info at: <https://wvde.us/reclaimwv/> Diana Whitlock, Assistant Director, Office of Special Education and Student Supports, WV Department of Education, Charleston, and Amy Kelly, MA, Director, Behavior/Mental Health Technical Assistance Center, WV Autism Training Center at Marshall University, Huntington.

Thursday Keynote Address: April 30, 2020, 9:00 - 10:10 AM**The Role of Social Work in Criminal Justice Reform Carrie Pettus-Davis, PhD,**

Dr. Carrie Pettus-Davis, PhD, MSW, BSW has been called an up-and-coming star of our profession! She is the Executive Director of the Florida State University Institute for Justice Research and Development, a premier trans-sector research center focused on criminal justice system-wide innovations, and dedicated to the rapid translation of research findings into practice to bridge the current 17-year implementation gap between scientific discovery and changes to policy and practice. Dr. Pettus-Davis is also an Associate Professor at the FSU College of Social Work, Co-founder and Director of the Smart Decarceration Initiative. She co-leads the Promote Smart Decarceration grand challenge network; one of the 12 Grand Challenges identified by the Am. Academy of Social Work & Social Welfare, NASW & CSWE. She co-editor of Smart Decarceration: Achieving Criminal Justice Transformation in the 21st Century [Oxford Univ. Press (2017)].

**Thursday, April 30, 2020, One & One-Half Hour 'E' Sessions, 10:30 AM - 12:00 PM****E 1 Trends in Substance Use Disorders and the Treatment Changes Needed**

People in active addiction will often use multiple types of substances - whatever they can access. Discusses the trends in alcohol and substance use disorders in West Virginia, including opiates and meth use, and how treatment professionals address changing conditions. We are seeing far more Methamphetamine now because a person can use Meth along with Buprenorphine, but not Heroin. Mary Aldred Crouch, MSW, MPH, LICSW, MAC, AADC, Director of Behavioral Health, Recovery Point West Virginia Behavioral Health, Inc., Huntington, WV.

E 2 Implicit Bias: Recognizing it and Why it Matters

Bias is built into our brains, shaped daily by our world, and has impacts on decisions we make. Even people with good intentions and a belief in justice can find themselves giving into unconscious bias. Social workers play a pivotal role in assisting many individuals and families, and an awareness of bias can help to ensure that they aren't unconsciously perpetuating disparities that many are consciously hoping to eliminate. Includes understanding of what bias is, how it's shaped, and how it affects us and those around us. Provides practical skills to make us more aware of our biases and reduce the impact bias has on our decision-making.

Eli Baumwell, JD, MPA, Policy Director, and Mollie Kennedy, MA, Outreach Director, both of ACLU WV, Charleston, WV. ETH

E 3 Mini-Symposium on Current Youth Tobacco Prevention Efforts in WV
Acute and long term illnesses resulting from e-cigarette use received much high-profile media attention in 2019. WV and KY have the highest rates of COPD, COPD mortality, adult smoking, and youth smoking in the U.S.

Many youth tobacco prevention efforts are underway in our state. These include the CATCH My Breath anti-vaping curriculum in middle and high schools; and a policy and legislative initiative called Campaign for a Tobacco-Free WV. Discuss these initiatives and others, including successes and current challenges. Daniel Doyle, MD, Senior Physician, New River Health Association, Scarbro, WV and Cabin Creek Community Health Systems, Dawes, WV.

E 4 The West Virginia 2020-2022 Substance Use Response Plan

The substance use epidemic in West Virginia has negatively affected individuals and families, presented new challenges to health care and behavioral health systems and significantly impacted the economic vitality of the state. Effort is needed to combat substance use disorders across the spectrum, from prevention to long term recovery programs. The WV Substance Use Response Plan establishes our strategic direction across sectors.

Robert Hansen, Director, WV Office of Drug Control Policy, Charleston, WV.

E 5 Understanding & Using Psychological Assessments for Children & Youth in Foster Care

Many individuals in the foster care and child welfare systems undergo a comprehensive psychological assessment. The resulting reports can be challenging to interpret and translate into practical considerations. However, careful application of assessment results can lead to stronger treatment plans that are tailored to the individual's unique needs. Discusses common components of psychological assessments and how to interpret them. Provides examples of how assessment results can be used in the development of effective permanency/placement, treatment, and educational plans. Dr. Hughes formerly worked in Foster Care. Jennifer Hughes, PhD, Senior Psychologist, and Toby Spiker, MA, supervised psychologist, both of Charleston Area Medical Center, Charleston, WV.

E 6 Listening for a Change: Oral History and Appalachian Heritage

Learn to document life stories and community experience through the art of deep listening. Explore the means and purposes of story gathering. We are eager to assess with participants how to develop profound listening skills and approaches to interviewing which get beyond the mere informational listings of greats and dates to a deeper sense of meaning. This course is open to anyone wanting to broaden

their appreciation for the richness of local life by exploring the vibrancy of folklore and the oral tradition. Learn new levels of listening to yourself and others, and embrace the surprising fruits it brings.

Michael Kline, PhD, and Carrie Nobel Kline, MA, Folklorists, Oral Historians & Audio Producers, Talking Across the Lines, Elkins, WV.

E 7 Best Practices for Suicide Risk Screening in Community Health

At some point in practice, most social workers will encounter a client presenting with suicidal thoughts or behavior. This session will discuss the scope of suicide in rural communities both nationally and in West Virginia. Participants will develop a working knowledge of the benefits of universal suicide screening for prevention, understand and describe the Clinical Pathway Model to suicide risk screening, and summarize best practices and effective strategies for the implementation of suicide risk in community healthcare settings. Mary LeCloux, PhD, LICSW, MSW Program Director, Assistant Professor, West Virginia School of Social Work, Morgantown, WV. ETH

E 8 DBSA: Improving the Lives of Those Living with Bipolar Disorder & Depression with Online Resources

The Depression and Bipolar Support Alliance reaches over four million individuals with support, educational resources, and tools to help individuals living with mood disorders lead fulfilling lives. DBSA will provide an overview of their digital programs and resources, including videos, podcasts and materials to download and share with clients living with depression or bipolar disorder. Social Workers are an important audience for DBSA and can suggest online resources to support and empower clients to manage their health and wellness.

Michael Pollock, MS, CEO, Depression & Bipolar Support Alliance, Chicago, IL.

E 9 Cultivating Leadership & the Next Generation of Nonprofits

Focusing on attracting and retaining young talent to non-profit work in West Virginia, this presentation shares expertise and lessons learned through Generation West Virginia's Impact Leadership Program. Participants will learn best practice competencies, programmatic skills such as recruiting and retaining young staff, and motivating young leaders to grow and succeed in multi-generational non-profit organizations in West Virginia.

Natalie Roper, MPP, Executive Director, and Brittany Javins, MA, Operations Director, both of Generation WV, Charleston, WV.

E10 Working Effectively with WV Foster, Adoptive & Kinship Parents to Help Kids Thrive

Although partnering with those closest to the daily lives and needs of at-risk children seems logical, foster, adoptive, and kinship parents report they often feel voiceless and invisible. Hear results of an extensive WV survey conducted in partnership with WV DHHR and Marshall University. Learn firsthand how you can work more effectively with these key partners to support positive outcomes for every child.

Marissa Sanders, BS, Director, and Board members of the WV Foster, Adoptive, & Kinship Parents Network, Charleston, WV.

E11 Building Supports for Grandparents Raising Grandchildren: WVSU Healthy Grandfamilies Program

WV ranks 2nd nationally in grandparents raising grandchildren. Social workers in most practice settings encounter this vulnerable population. Grandparents serve a vital role in keeping children out of our overwhelmed foster care system, yet are underserved via traditional supports. Grandfamilies are at high risk for poor quality of life indicators such as poor health, addiction, educational attainment, and food insecurity. Highlights the program and how it helps build supports and improve the quality of life for our grandfamilies.

Kerri J. Steele, MSW, PhD, Associate Professor and Chair, Yvonne Lee, MSW, Director, Healthy Grandfamilies Program, both of West Virginia State University Department of Social Work, Institute, WV.

E12 Shattered Faith: When Religion Hurts

This area of practice is fairly new, but a somewhat common source of emotional pain among clients. The therapist needs to have a level of comfort working with these experiences, which speak of trauma that is isolating and deeply hurtful. The diagnosis of Religious Trauma Syndrome exists to give this experience a context. In response to the need for healing as a result of their contact with church or other religious organizations, a ten week recovery group was created to address childhood and current experiences, responses evoked, triggers, techniques and coping mechanisms.

Eugenie Taylor, MSW, LICSW, Therapist, KPCC Counseling, and Randolph Richardson, MDiv, JD, Pastor, Trinity Evangelical Lutheran Church, Charleston, .

E13 Tackling Vicarious Trauma, Compassion Fatigue and Burnout

Social work is a compassionate profession requiring advocacy and empowerment for persons who have faced some of life's greatest challenges. Our clients' stories take a toll, causing us to caution each other against burnout. In 2022, occupational burnout will be included in the ICD-11. To safeguard against burnout we will focus on symptoms of vicarious trauma and compassion fatigue and identify ways to make social workers happier, healthier & more enduring in the profession.

Stephanne Thornton, MSW, LICSW, Criminal Justice Specialist, Public Defender Services, Charleston, WV. ETH

E14 Why Health Care Providers Can't Live Without Social Workers

Identifies ways providers can efficiently use social workers to improve patient care, empower social workers in multi-level healthcare settings and inter-professional teams, and acknowledge them as resource experts for providers through linkage, referral, and education of patient culture and relationships, administra-

tive and financial navigation, and health literacy. With the implementation of the Affordable Care Act of 2010 (ACA), quality care and maintenance of high patient satisfaction and subsequent Medicaid reimbursement became incentivized through the Partnership for Patients program.

Martha Vesterlund, DNP, APRN, MSN/ANP-C RN, Nurse Practitioner, Georgetown University, Appomattox, VA.

E15 Don't Call Us Trash: Deconstructing Appalachia Stereotypes

From Saturday Night Live to Facebook memes, it remains popular to poke fun at Appalachian people. The "white trash" stereotypes influence the way those outside the region think of Appalachian residents, particularly those who are impoverished. It also serves as a barrier to Appalachian communities getting help that is meaningful. This workshop explores some of the caricatures of Appalachia, focusing on the ways stigmatization of poverty and misunderstandings of Appalachian culture impact the ways those in helping professions serve in the region.

Joshua Wilkey, PhD, Author, Director of Institutional Effectiveness, Brevard College, Brevard, NC.

E16 Social Work Innovations at the Intersection of Behavioral Health and Criminal Justice

Explore innovative concepts and concrete strategies that advocates, researchers, academics, practitioners, and persons with incarceration histories who are now leaders in the movement can take up to meet the challenge of transforming America's approach to criminal justice in the 21st century!

Dr. Carrie Pettus-Davis, PhD, MSW, Founder and Executive Director, Institute for Justice Research & Development, and Associate Professor, College of Social Work, Florida State University, Tallahassee, FL.



Thursday Afternoon, April 30, 2020, Two-Hour 'F' Sessions, 1:15 - 3:15 PM

F 1 Crossing the Generational Divide

What we value and how we think, communicate, work within teams, and lead are shaped by the pivotal moments we experience. Introduces the global life events that have shaped Traditionalists, Boomers, Xers, Millennials, and Gen Z; engages group participants to explore how those life events shaped generational values as they are expressed at work, at home, and in the community; and provides participants with a lens through which they can explore value differences among generations. Becky Mathis-Stump, JD, Chief Operating Officer, Ethos Leadership Group, LLC, Parkersburg, WV.

F 2 Creative Thinking: Think Outside the Casket

Developing new programs and organizational structures can be challenging for both leadership and employees. Encouraging employees to offer ideas and suggestions during program development and problem-solving increases their feelings of value to an organization. Promoting creativity in the work-environment increases motivation, decreases resistance, and expedites program adoption and project completion. Participants will learn tools and techniques to encourage creativity, define creating thinking skills, evaluate their own creative tolerance and discuss the framework for promoting creativity at work.

Violet Burdette, MSM, BSW, LSW, Development Coordinator, MountainHeart Community Services, Inc., Hinton, WV.

F 3 Recognizing and Responding to Our Clients' Experiences of

Being Traumatized by Racism: The Social Worker as White Ally - Part 1

The research confirms that the trauma of racism seriously impacts the emotional and physical health of those experiencing it. This interactive workshop will offer social workers with white privilege in particular, respectful practices that invite collaborative exploration of the impact of racism on people of color who seek our services, that privilege the expertise of our clients of color and that emphasize the importance of recognizing that the social location of therapists that hold white privilege contributes to unconscious and conscious biases leading to harmful behaviors and interactions, as a path to maintaining a commitment to accountability and repair, rather than self judgement and/or defensiveness.

Rachel Dash, MSW, LICSW, Assistant Professor, WVU Dept. of Behavioral Medicine & Psychiatry, Charleston Division, and Jennifer Wells, MSW, Executive Director, Our Future West Virginia, Huntington, WV. *Note: Also register for Pt 2.*

F 4 Choosing Wisely in Geriatric Medical Care

Offers recommendations to obtain the best and avoid the worst in contemporary geriatric medical care. These recommendations will be relevant for audience members, their loved ones, and their clients. The national "Choosing Wisely" campaign and the American Geriatric Society Beers List of inappropriate medicines will be the main resources presented and discussed.

Daniel Doyle, MD, Senior Physician, New River Health Association, Scarbro, WV and Cabin Creek Community Health Systems, Dawes, WV.

F 5 Improving Behavioral Health Services for LGBTQ+ Children and Youth

LGBTQ+ youth are an oppressed and vulnerable population and the Code of Ethics calls for social workers to pursue an end to discrimination and injustice for this population. Social workers should engage in cultural competency trainings that enhances their understanding of the history and roles of direct care service and how to identify and provide culturally competent care through increased knowledge, skills, and attitudes about LGBTQ+ youth. Using the Queer Youth Cultural Competency (QYCC), participants will assess their level of cultural competency in relation to LGBTQ+ youth as well as how to incorporate it into practice and effectively intervene when a youth experiences discrimination in a treatment setting. Megan E. Gandy-Guedes, PhD, MSW, Assistant Professor, School of Social Work, and Dr. Chris Mayo, PhD, Director of the LGBTQ+ Center and Professor, Women and Gender Studies, both of West Virginia Univ., Morgantown, WV. ETH

F 6 Dialectical Behavior Therapy Group Skills Training 101: Essential Components of Teaching DBT Skills

Dialectical Behavior Therapy (DBT) is a cognitive-behavioral treatment with strong scientific evidence for reducing life-threatening, impulsive, and high-risk behaviors in people with multiple psychiatric disorders and complex psychopathology. This workshop will provide a comprehensive introduction to the basics of DBT. Participants will learn about all the components of comprehensive DBT including treatment techniques and strategies used in individual DBT, DBT skills coaching, DBT skills training classes/groups, and the functions of DBT consultation teams. The skills taught in DBT will be described and explained, with demonstrations of select skills.

Patrick Kerr, PhD, Psychologist, WVU Dialectical Behavior Therapy Services Program & Associate Professor, WVU Department of Behavioral Medicine and Psychiatry, Charleston, WV. Limit 50.

F 7 Borderline Personality Disorder: Diagnosis and Treatment

Borderline Personality Disorder can be difficult to diagnose and even more complicated to treat. Developing a solid understanding of the developmental and psychological aspects of BPD and how they relate to their world, including therapy, may be an optimal way to successfully engage in therapy. The goal is to co-create a treatment relationship where therapist and client engage in a "here and now" process to work on coping, insight, and potentials for change. The mantra for this session is: The observer is being observed. Specific techniques for therapy, self-care, and phases of therapy (beginning, middle and termination) will be addressed.

Chatman Neely, MSW, Clinical Social Worker & Innkeeper, Barn With Inn, Wellsburg, WV.

F 8 How Social Identities Influence Our Experiences: Intersectionality

Explores the value of intersecting multiple social identities to inform social work practice. We'll discuss experiences of 'mattering' - the sense of belonging and being treated with respect and dignity, and 'marginalization' - being excluded or

experiencing inequities. Intersectionality is a sociological theory examining how two or more socially constructed identities, such as race, gender, class, age, ability, sexual orientation, etc., shape people's lived experiences of privilege, discrimination and oppression. Pattie Nishimoto, PhD, MSW, BSW, LCSW, Associate Professor, and Terri H. Philpott, PhD Candidate, MSW, Instructor, both Concord University Department of Social Work, Athens, WV. ETH

F 9 A School-Based Mindfulness Curriculum for Youth Facing Adversity

Provides details of the MindUP curriculum, a school-wide intervention to teach mindfulness to students and school personal. Describes the program, its adoption, and implementation efforts, and the impact of the program at a high-risk elementary and middle school in rural West Virginia. The prevalence of children, adolescents, and families impacted by Adverse Childhood Experiences are a public health concern due to links between early trauma and adverse health outcomes later in life. Gain awareness, enthusiasm, and innovation on what can be done to prevent and intervene early.

Dannel Petgrave, PhD, Clinical Psychologist, Behavioral Health Consultant, and Cammy Kitchen, PA-C, both of Cabin Creek Health Systems, Kanawha Co., WV.

F10 Rural Integrated Mental & Behavioral Health Service Delivery in WV

The RIMBH Training Program within the WVU MSW Program prepares students to develop and implement integrated approaches to behavioral health delivery with populations across the lifespan. Lead presenters will provide an overview then participants will rotate through 5-6 Trainee lead roundtable discussion opportunities focusing on various aspects of integrated behavioral health practice. Trainees will share ideas for innovation and multiple benefits of these services in rural area. They will also solicit ideas from participants. Carrie Rishel, PhD, MSW, Professor, and Helen Hartnett PhD, MA, MSW, Professor, with MSW Candidates Brooke Benton, Sandra Browning, Desiree Bullock, Heather Carr, Taylor Cope, John Mason, Ashley Freeman, Amy Golden, Lynn Garinger, Mara Kirkpatrick, Kaetlynn Lipinski, Jenna Lohnes, Stefanie Myers, Hayley Palmer, Allison Pritt, Claire Ricker, Vanessa Short, Megan Sickles, Chloe Smith, Hannah Squires, Laura Tennant, Marissa Tolley, Gale Vanhoughten, all of WVU School of Social Work, Morgantown, WV.

F 11 Correlations of Emotional Trauma, Self Harm and Suicide

Treatment for emotional trauma is crucial to recovery for adolescents and young adults. Suicide death rates among teen and young adults have alarmingly increased. Social Workers engage daily with clients that have experienced adverse (traumatic) childhood events (ACE's). Treating risky and compulsive behaviors created by emotional abuse and neglect is common. Developing new techniques and ways to approach recovery for clients is a focus of the modern day social worker.

Paula Rymer, MSW, BSW, LICSW, Associate Professor, Department of Social Work, Marshall University, Huntington, WV.

F12 Meeting the Needs of Individuals Living in Poverty:

Practice Innovation, Outreach, and Provider Burnout Prevention

Gain information on the role of poverty in healthcare, insights into working with

people facing poverty, and recommendations for best practices. Like many Appalachian regions, communities in WV struggle with the complications poverty, poor access to mental health care, and complex mental and physical health disparities. WV mental health professionals are often faced with practice barriers that require flexibility, creativity, and sensitivity to the role that poverty and rurality play in treatment implementation.

Emily Selby-Nelson, PsyD, Director of Behavioral Health, Sissonville Health Center, and Jake VanHorn, PsyD, Lead Clinician, Sunnyside Health Center, both of Cabin Creek Health Systems, Kanawha Co., WV.

F13 State Health Care Solutions Can Work!

Health Care for All WV Campaign

WV can address prescription drug costs, pre-existing conditions, surprise billing, family leave, maternal health, and more! There may be gridlock in Washington, but in Charleston we can work together. A distinguished panel of experts and advocates discusses the Health Care for All WV Campaign and WV Health Agenda 2020 to make health care more accessible and affordable for all WV families. These commonsense policy proposals are budget neutral or will pay for themselves. Learn of the progress made in the 2020 WV Legislature and how you can help going forward. Bring your voice to shape Health Care Agenda 2021 and hold legislators' feet to the fire!

Jessie Ice, PhD, MSW, MPA, Executive Director and Kat Stoll, JD, Policy Director, both of West Virginians for Affordable Health Care, Kelly Allen, MPA, Director of Policy Engagement & Interim Deputy Director, WV Center on Budget and Policy, and Savanna Lyons, MS, Co-Executive Director, WV Citizen Action Group, Charleston, WV.

F14 Fighting Mental Health Stigma: The Right and Freedom to Choose

People with mental health problems, whether veterans or not, face stigma and discrimination, resulting in the need for advocacy/support. Some stigma, even if unintended, comes from mental health providers. Examine sources of stigma and how clinical social workers can fight it. Explores the mental health Recovery Model, and issues of freedom vs safety. The trans-diagnostic rights/needs of people with mental health problems will be stressed - normal human needs that affect issues of identity, hope, meaning and purpose.

Charles Weinberg, MSW, LICSW, Local Recovery Coordinator, Hershel 'Woody' Williams VA Medical Center, Barboursville, WV. ETH, VET

F15 Women, Hull House and What West Virginia Can Learn

The women of Hull House struggled and succeeded in developing community-based social reforms in 19th Century Chicago despite enormous barriers. The opioid epidemic, unstable economy, foster care crisis, high rates of mental, physical and behavioral disorders, and citizen disenfranchisement in WV have created barriers to public and political engagement comparable to those of Hull House. Relates action steps for overcoming such challenges, and applying the strength and wisdom of our predecessors to the challenges we face today.

Kim White, MSW, EdD, Assistant Professor, Marshall University Department of Social Work, Huntington, WV.



Thursday Afternoon, April 30, 2020, One-Hour 'G' Sessions, 3:30 – 4:30 PM

G 1 Ethics and Environmental Justice Work

The social work profession is committed to enhancing human well-being. Social workers have demonstrated great concern over health care and health disparities. Given the powerful potential for environmental contamination to contribute to ill health, and with poorer, more vulnerable people more likely to be adversely affected, it is no surprise that NASW chose Environmental Justice as one of 5 critically important social justice issues. This session explores social workers' ethical obligation to concern ourselves with environmental justice work. Pamela Twiss, PhD, Professor of Social Work, California University, California, PA. ETH

G 2 Peer Support & Resources for Individuals Living with Mood Disorders

The Depression and Bipolar Support Alliance (DBSA) is the nation's leading peer-focused mental health organization. DBSA supports hundreds of no-cost peer-led support groups around the US and nine state organizations, including West Virginia. Members of the presenter's family have been impacted so he understands on a personal level the benefit DBSA can have. Additionally, through advocacy efforts, DBSA amplifies peers' voices and works toward systemic change in the delivery of mental health care. Provides an overview of their many programs and resources.

Michael Pollock, MS, CEO, DBSA, Chicago, IL, and Nancy Marshall, BS, Executive Director for DBSA-WV, Morgantown, WV.

G 3 Psychiatric Complications of ICU Care

Intensive care stays can be stressful and frightening for patients and their support system. Delirium, depression, anxiety, and PTSD often occur during ICU stays. Persistent mental disorders may continue even after ICU care is completed.

Review risk factors, clinical presentation, management, and possible preventive measures to address this disorder. James Griffith, MD, Chair WVU Department of Behavioral Medicine and Psychiatry, Charleston, WV.

G 4 Children with Serious Mental Health Conditions Consent Agreement

Concern about the number of WV children with serious mental health conditions in out-of-home care or treatment has resulted in a consent agreement between US Dept. of Justice and the WV DHHR, DMAPS, WVDE, and the Governor's Office. The parties agree to expand and improve in-home and community-based mental health services. A proposed implementation plan has completed a public comment period. DOJ and WV DHHR attorneys will discuss the implementation plan. DOJ will also describe its ongoing work to enforce the Olmstead Supreme Court decision, requiring the provision of community-based services instead of institutional placements where appropriate.

Haley Van Erem, JD, Trial Attorney, Civil Rights Division, Special Litigation Section, U.S. Department of Justice, Washington, DC, and Cammie Chapman, JD, Associate Counsel, WV DHHR Bureau for Children & Families, Charleston, WV.

G 5 Understanding and Advocating for LGBTQ+ People

This skill-building workshop provides social workers with tools to offer competent, compassionate care to LGBT clients. A foundational training on core concepts relating to LGBTQ+ people, including sex, gender identity, sexual orientation, and gender expression. Offers tools for social workers to address a sexual orientation or gender identity they may not be familiar with, and an overview of the realities of being LGBT in WV. Best practices in working with LGBTQ+ clients are presented.

Natasha Stone, BA, Transgender Visibility Organizer, Fairness WV, & Erin Osborn, MSW, LGSW, Vice President of Operations, KVC WV, both of Charleston.

G 6 Empowering Tomorrow's Policy Champions: Summer Policy Institute!

This session highlights the West Virginia Center on Policy's Summer Policy Institute, the annual immersive training designed for students and community members interested in public policy. The level of success of the 2019 policy pitches in the 2020 legislative session will be discussed. Attendees will be given tools to combine personal stories, policy knowledge and advocacy techniques in order to be impactful with policymakers and stakeholders and will be introduced to the process of developing proposed legislation.

Kelly Allen, MPA, Director of Policy Engagement at WV Center on Budget and Policy, Morgantown, WV.

G 7 Psychopathology, Stigma and Diagnosing

Facilitating thinking about the risks and benefits of diagnosing is the aim of this session. Learn how sociocultural factors, psychiatric diagnoses, and provider bias impact patient/client care. Takes a critical look at the process of developing the DSM-5 and defining psychopathology. Participants will be able to identify characteristics and diagnostic labels that place patients at higher risk of negative effects. Brooke Bennett, MS, Psychology Doctoral Intern, WVU Department of Behavioral Medicine & Psychiatry, Charleston, WV.

G 8 The Social Worker as White Ally Part 2: Discussion for Pt 1 Participants

Rachel Dash, MSW, LICSW, Assistant Professor, WVU Dept. of Behavioral Medicine & Psychiatry, Charleston Division, Charleston, WV and Jennifer Wells, MSW, Executive Director, Our Future West Virginia, Huntington, WV. *Note: You must have attended Part One in order to attend the Part Two discussion.*

G 9 Seeding the Future: Collegiate Addiction Recovery in Southern WV

A new collaborative in Southern WV supports students in, or seeking recovery from substance use disorder to ease transition to higher education. Research shows peer support increases successful completion of educational goals and career attainment. SAMHSA State Opioid Response grant funding through DHHR/

BHHF has supported a recovery environment on seven campuses.

Susie Mullens, MS, LPC, Coordinator, Marshall Univ. Research Corp, Huntington, WV.

G10 West Virginia Medicaid Waivers Programs 101

Medicaid Waiver programs assist the state's most vulnerable citizens with services to improve their health and welfare. Understanding and accessing services can seem overwhelming for families and caregivers. Provides basic information to help clients understand what is available, eligibility, and how apply. Covers the Aged and Disabled (ADW), Intellectual/Developmental Disabilities (IDDW), Children with Serious Emotional Disturbances (CSEDW), Substance Use Disorder (SUD), and the Traumatic Brain Injury (TBIW) Waivers. Learn what clients should expect from the time they apply until placement.

Nancy Sullivan, BA, MAJ, Executive Director, with Caroline Duckworth, MSW, LCSW, Emily Proctor, MA, LPC, AADC, CEAP, and Helen C. Snyder, LPC, LCSW, all of KEPRO, Charleston, WV.

G11 Listening to You is Killing Me Softly

Explores what happens to a therapist when they are unable to 'help' the client.

There will be an opportunity to discuss similarities to PTSD and why.

Ravi Isaiah, DMin, MDiv, LPC, Director of Chaplaincy, Charleston Area Medical Center, Charleston, WV. Limit 50

G12 Bouncing Back: Learning the Science of Resilience

Resilience explains how some children seem impervious to the negative effects of Adverse Childhood Experiences, and why some adults can 'bounce back' from adversity in childhood. Abuse, neglect and dysfunction in childhood are often highlighted on adult outcomes studies, but ACES only tell half of the story. Humans grow and develop across the lifespan and can counterbalance the negative from the past. Offers a working definition of resilience and reserve capacity, ways parenting can influence resiliency, and what is necessary to build resiliency in adulthood.

Stephanne Thornton, MSW, LICSW, MAC, Criminal Justice Specialist, Public Defender Services, Charleston, WV. ETH

G13 Developing a Therapeutic Relationship with Clients Diagnosed ASD

Often, talk therapists are the front line of support for clients diagnosed with Autism Spectrum Disorder. Characteristics of ASD, coupled with the way in which talk therapists are trained to build rapport, can create barriers to effective therapy. This session will highlight those challenges, and provide strategies known to be more effective with this specific population.

Marc Ellison, EdD, LPC, Executive Director, WV Autism Training Center at Marshall University, Huntington, WV.



Thursday Evening, April 30, 2020, One & One-Half Hour 'H' Evening Sessions, 6:30 - 8:00 PM

H 1 Appalachian History Through Story and Song

Delve into the traditional wit and wisdom of tenacious tellers, mixed with plenty of live music from this dynamic duo. The Klines present stories and songs they recorded with older generations, along with music from the industrial era. Start with the early Europeans who mixed with African and Native peoples. Journey into the bloody Civil War. Experience cultural shifts throughout the intensive drive for natural resource extraction. Listen to the crackly voices of WV elders. Michael Kline, PhD, and Carrie Nobel Kline, MA, Folklorists, Oral Historians, Audio Producers, Talking Across the Lines, Elkins, WV.

H 2 Still Taking Casualties: WV Veterans and Suicide (documentary)

Suicide is a major problem for veterans all across the country. But the problem is even worse in rural areas, according to the U.S. Department of Veteran Affairs (VA). In this West Virginia Public Broadcasting documentary, WV veterans share their stories about what it's like to return home from war, and what veterans are doing to help and support each other. Facilitator TBD. VET

H 3 Black Indians: An American Story (documentary and discussion)

Narrated by James Earl Jones, this award-winning documentary explores the issue of racial identity among Native and African Americans, examining the two groups in American history. Discounted, and often ignored by mainstream America, these minority peoples have often shared a common past. Explores the national situation at the turn of the century. Not specifically about WV but many West Virginians share one or both of these heritages and experiences. From Rich-Heape Films, Inc., a Native American Owned Corporation. Facilitator TBD.



Friday Keynote Address: May 1, 2020, 9:00 - 10:15 AM

Stories of the Appalachian Experience Bil Lepp

Growing up in a family where the truth was fluid, Bil Lepp became adept at spinning tales and exaggerating circumstances at an early age. Bil's humorous, family friendly tall-tales and stories are rooted deeply in everyday life in Appalachia and have earned the appreciation of listeners of all ages and walks of life. Though a five time champion of the WV Liars' Contest, Lepp's stories often contain morsels of truth which present universal themes in clever and witty ways. Audiences across the country, from grade schools to corporate execs to Comedy Central's Hudson stage, have been delighted by Bil's mirthful tales and penetrating insights. Bil's books and audio awards include the PEN Steven Kroll Award for Children's Book Writing, Parents' Choice Gold awards, and the National Parenting Publications and Public Library Associations. Bil and his family live in Charleston, WV.



Friday Morning, May 1, 2020, One & One-Half Hour 'K' Sessions, 10:45 AM – 12:15

K 1 The Distant, Rejecting, or Self-Absorbed Parent: Introduction to Practical Techniques for Reversing the Impact

Relationships with emotionally immature people have caused an epidemic of lives spent in guilt, confusion, self-doubt and false responsibility for others' desires and happiness. Learn how adults have been gradually shamed and controlled out of trusting their inner world while growing up. Includes techniques to teach clients to communicate effectively with reason-resistant parents and other emotionally immature people.

Lindsay Gibson, PsyD, Clinical Psychologist, Author of bestseller *Adult Children of Emotionally Immature Parents*, Virginia Beach, VA.

K 2 Organizational Response to Vicarious Trauma: Toolkit

Introduces participants to the Vicarious Trauma Toolkit (VTT) as a resource for victim service agencies to address the impact that vicarious trauma can have on staff and organizations responding to and providing services for survivors of harm. The trauma of clients seen in many non-profits can distress colleagues and staff, and if unattended, can lead to staff turnover and/or chronic secondary trauma symptoms and/or a change in organizational culture. The VTT and its resources will give attendees a first look at how they can implement a plan to assess and address this natural consequence of work-related trauma exposure. Lisa Tieszen, MA, LICSW, Psychotherapist, Co-founder, Resilience Works, Boston, MA, Award-winning Social Worker and member of the Lead Team creating the VTT. Special thanks to the Office of Victims of Crime, Training & Technical Assistance Center, U.S. Dept. of Justice, for support in making this presentation possible.

K 3 From Blair Mountain to Bloody Harlan: Appalachian Poverty in Historical Context

In Central Appalachia, poverty is a defining characteristic of many communities, and this has been the case for generations. However, billions in natural resources have been extracted from the region. Very little of that profit has ever flowed back to the communities in which it was produced. This talk looks at the history of resource exploitation in Appalachia as a means of better understanding the intergenerational nature of poverty in the region. Includes historical context, demographic data, and explorations of movements and moments that indelibly marked the history of the region. Is this inevitable? Joshua Wilkey, PhD, Author, Director of Institutional Effectiveness, Brevard College, Brevard, NC.

K 4 What is a Foster Care Ombudsman and Why Does it Matter?

Meet and dialogue with the new Ombudsman! The Office of the Foster Care Ombudsman is an independent entity within WV DHHR Office of the Inspector General created to advocate for the rights of foster children and foster parents in response to the establishment of a managed care contract for health, mental health and socially necessary services. The first priority has been to develop policies and procedures to implement a successful program to oversee DHHR/MCO programs and operations. The Ombudsman will also investigate complaints against providers and collect and analyze data and complaints. Pamela Woodman-Kaehler, MSW, MBA, LGSW, WV Foster Care Ombudsman, Office of the Inspector General, WV DHHR, Charleston, WV.

K 5 Update on Family Treatment Courts in West Virginia

Family Treatment Courts are a non-adversarial court/judicial process for parents involved in the abuse and neglect system, who often have serious substance use disorders and wish to regain custody. The judicial system, child welfare and substance use treatment providers' work hand in hand to help these individual in their journey through recovery by providing accountability, support and treatment. Stephanie Bond, MA, Director of Probation Services, Supreme Court of Appeals of WV, Charleston, WV, with The Hon. William Thompson, Judge, Twenty-Fifth Judicial Circuit, Boone and Lincoln Counties, WV.

K 6 Time Management/Productivity: I Only Have to Outrun You

Workers need to recognize and understand the limits of time and how to manage priorities. Being the most productive employee is not dependent on speed, but focus. Successfully juggling the demands of work, life and other responsibilities leads to smoother functioning. Discuss the effects of decreased productivity in others, in addition to tools, techniques and skills to improve performance. Learn to make better choices, define opportunity costs, and apply this to decision-making. Violet Burdette, MSM, BSW, LSW, Development Coordinator, Mountain-Heart Community Services, Inc., Hinton, WV.

K 7 WVABLE Savings Program for People with Disabilities

The rules have changed! Learn about this unique savings program, who qualifies, and how to get them connected. WVABLE is a savings and investment account program for people with disabilities made possible by the federal Achieving a

Better Life Experience Act of 2014 (ABLE). Participants can save and invest up to \$15,000 per year (up to \$27,140 if employed) without losing government benefits such as Medicaid or SSI.

Roxanne Clay, MA, WV ABLE Director, WV State Treasurer's Office, Charleston, WV.

K 8 Social Work in Appalachian Oil and Gas Patch Towns

Oil and gas patch towns in Appalachia have experienced many challenges, including the frequent influx and outmigration of industry and workers, but the implications for effective social work practice are scarce. There are however similarities to the experience of military-impacted areas, including housing shortages and costs. What can we learn from them that can help us work more effectively with oil/gas patch town individuals, families, groups, organizations, and communities? Pamela Twiss, PhD, MSW, Professor of Social Work, California University, California, PA.

K 9 Intersection of ACES & Substance Use Disorder

Adverse Childhood Experiences play a role in the development of Substance Use Disorder. Examines the ACE questionnaire and resources for using the ACE with clients who have SUD and co-occurring ACES. The biological effects of ACES on the brain and how they contribute to the development of SUD will be discussed, and participants will be exposed to methods for promoting resiliency. Tina Faber, MSW, LCSW, Project Coordinator, WVU School of Social Work, Morgantown, WV.

K10 Field Education Technology: New Tools for Expanding Services

WVU School of Social Work has adopted Trevera, an online field management system. This system provides online access to field training, educational materials, and a process supporting ongoing professional development for students, field faculty, and agencies. This will be an introduction and guidance for use of Trevera, which will become available in spring of 2020. Jenifer Gamble, Field Education Director, WVU School of Social Work, Morgantown, WV.

K11 Intro to Evidence-Based Treatment of PTSD Using Prolonged Exposure

Post-traumatic Stress Disorder (PTSD) is a serious psychiatric disorder that affects millions of people. This workshop will provide an overview of the diagnosis of PTSD and will introduce participants to Prolonged Exposure (PE), an effective evidence-based treatment for PTSD. Self-care considerations for mental health professionals conducting Prolonged Exposure with traumatized individuals will be discussed.

Patrick Kerr, PhD, Psychologist, WVU Dialectical Behavior Therapy Services Program & Associate Professor, WVU Department of Behavioral Medicine and Psychiatry, Charleston, WV. Limit 50

K12 After Suicide: Postvention Efforts in VA Care:

Helping Veterans and Other Loss Survivors in Healing

Suicide "postvention" (aftercare) applications build on prevention efforts by providing support and assistance for those affected subsequent to a death by suicide. Survivors endure unique challenges, including their own risk for suicide, guilt, stigma, and complicated grief. Offers guidelines for initial and long-term family outreach and assessment, ongoing support, common reactions to suicide, and suggestions for social, spiritual and mental self-care.

Debra Marie Milling, MSW, LICSW, and Deanna Stump, MSW, MPA, LISW(OH), both Suicide Prevention Coordinators, Hershel "Woody" Williams VAMC, Huntington, WV.

K13 Developing Self-Compassion & Engaging in Self-Care

This fun, interactive workshop about the relationship between self-compassion and self-care can help social workers thrive! You'll have the opportunity to practice realistic and feasible self-care exercises for the life we live. Also intended to awaken and acknowledge everyone's self-worth, and to help address compassion fatigue. ETH

Pattie Nishimoto, PhD, Associate Professor and Robbin Durham, MSW, LICSW, Assistant Professor, both of Concord University Department of Social Work, Athens, WV. ETH

K14 Eating Disorders, Trauma and Suicide

Anorexia has the greatest mortality rate of any psychological disorder, but the effects of low body weight are not the only cause of death. Suicide is the cause in as many as half of anorexia sufferers. Research has shown that childhood trauma is a core issue in both eating disorders and suicide. Treating risky and compulsive behaviors is common for social workers, who much develop new techniques and ways to approach recovery for clients.

Paula Rymer, MSW, BSW, LICSW, Associate Professor, Department of Social Work, Marshall University, Huntington, WV.



Friday Afternoon May 1, 2020, One & One-Half Hour 'L' Sessions, 1:30 – 3:00 PM

L 1 Moving Forward:

Mindset and Focusing on Goals

As helping professionals we sometimes get caught up in our client's stories and needs and lose focus on the broader goals we must meet for our profession and agency. This interactive session reviews the importance of goal setting, our mindset, and self-care. You'll have the opportunity to share experiences, to be of support to each other, and to acknowledge the goals we all have. Shawn Allen, MSW, LGSW, Assistant Professor/Director of Field Education, and Scott Inghram, EdD, MSW, Associate Professor and MSW Program Director, both of Concord University Department of Social Work, Athens, WV.

L 2 Veterans and Cognitive Decline

Covers VA Medical Center mental health services, medical services, and upcoming services for caregivers as they face issues involved in caring for elderly veterans. Will also review PTSD, depression, delirium, and other medical issues faced by elderly veterans. Carrie Brown, MSW, LCSW, Caregiver Support Coordinator, Huntington VA Medical Center, Huntington, WV. VET

L 3 Orthorexia Nervosa, Can it be Unhealthy to Eat Healthy?

Individuals with an unhealthy obsession on eating healthy are suffering from Orthorexia. This workshop will discuss the dynamics and symptoms of Orthorexia and outlines treatment strategies for addressing the issues associated with this newly understood eating disorder. Teena M. Bryson, MA, LPC, NCC, LSW (OH), Therapist, River Park Hospital, Huntington, WV.

L 4 Who's on Deck: Succession Planning

Not-for-profit organizations need to look to the future to prevent chaos and disorder when providing services. People serving in management positions need to consider the future of the organization and plan for unexpected changes. Succession planning should occur for executives and key personnel to prevent scenarios not in the best interest of the company. Understand the importance of having a succession plan in place, the components of a good plan, and fostering its implementation. Violet Burdette, MSM, BSW, LSW, Development Coordinator, MountainHeart Community Services, Inc., Hinton, WV.

L 5 West Virginia's Behavioral Health Initiative:

Workforce, Higher Education and Promising Pilots

Working in behavioral health can be both extremely difficult and rewarding work, covering a range of career options and requiring advanced education, specialized training, and continuing education throughout one's career. Training and retaining a sufficient number of social workers is a challenge. To assess and address these needs, the Higher Education Policy Commission convened a workgroup to map out an initiative to support development of the state's workforce. Join us to discuss the initiative and innovative pilot projects on six college campuses in WV. Carolyn Canini, MSW, LCSW, Director of Behavioral Health Programs, Higher Education Policy Commission, Charleston, WV.

L 6 IV Drug Related Infections: More than Just HIV and HEP C

A relatively unknown threat occurring during the opioid crisis are infections related to IV drug use other than HIV and Hepatitis C. Infections such as endocarditis, spinal abscesses, osteomyelitis and other life-threatening infections require intensive medical procedures and long term inpatient stays. Although lengthy and costly, a great deal of treatment can be provided to address mental health issues and addiction. Thomas Drvar, MSW, LICSW, Program Coordinator, WVU Medicine, Morgantown, WV.

L 7 Social Work Ethics and Technology

Like many professions, Social Work is attempting to keep up with the ever changing world of technology. Focuses on the recent update to the NASW Code of Ethics as well as the NASW, ASWB, CSWE and CSWA Standards for Technology in Social Work Practice. Identification of potential ethical dilemmas associated with the use / misuse of technology will be included. Social Workers need to be aware of the costs and benefits of utilizing technology in serving clients. Robbin Durham, MSW, LICSW, Assistant Professor, and Sarah Whittaker, PhD, MSW, Professor, both of Concord University Dept. of Social Work, Athens, WV. ETH

L 8 The Way Forward: Best Practices in Suicide Care

Suicide is a complex, multidimensional event warranting comprehensive, integrative, multidiscipline prevention and intervention efforts. Suicidal emergencies have commonalities across a wide array of systems of care. Will introduce best practice models of Project 2025 and Zero Suicide. Suicide screening and assessment tools and critical assessment parameters for recognition of at-risk individuals will be covered. Effective safety planning skills for those with suicidal risk will be shared. Barri Sky Faucett, MA, Project Director, Prevent Suicide WV, Charleston, WV.

L 9 Bipolar Disorder: Diagnosis and Long Term Management

Bipolar Disorder is a mood disorder with potential diagnostic and treatment pitfalls. While an array of treatments exist, patient adherence often makes it difficult to maintain therapeutic gains. Participants will learn the symptoms and diagnostic markers of bipolar disorder, develop an awareness and understanding of the pharmacologic and behavioral treatment options, and will learn the benefits in the long-term management of this mood disorder.

Scott Fields, PhD, Psychologist and Professor, Director of Behavioral Science, and Jemma Rampersaud, MD, Family Medicine First Year Resident, both of WVU School of Medicine, Charleston Division, Department of Family Medicine.

L10 Adult Children of Emotionally Immature Parents:

Advanced Techniques for Psychotherapy Clinicians

Doing psychotherapy with adult children of emotionally immature parents can feel like a frustrating round of whack-a-mole. As soon as you try to help strengthen the client in one area, another objection to self-recovery pops up to take its place. The solution lies in focusing on one central organizing principle: that these clients have been indoctrinated into believing that they are innately less important than other people and therefore are bad if they don't unquestioningly serve the needs of others first. As long as the therapist fails to address this central distortion, the client will continue to be vulnerable to emotional coercion, mental subjugation, and a lack of entitlement to healthy limits and boundaries.

Lindsay Gibson, PsyD, Clinical Psychologist, Author of Adult Children of Emotionally Immature Parents, Virginia Beach, VA.

L11 Screening for Human Trafficking Across Diverse Settings:

Tools to Use and How to Choose

Human trafficking has been identified as a significant problem in West Virginia. This workshop will provide an overview of key human trafficking concepts and terms and will describe risk factors for human trafficking as well as signs of human trafficking across a range of service settings. Screening instruments for identifying human trafficking victims in different settings will be introduced and local and national resources for human trafficking survivors will be discussed. Patrick Kerr, PhD, Psychologist, WVU Dialectical Behavior Therapy Services Program & Associate Professor, WVU Department of Behavioral Medicine and Psychiatry, Charleston, WV. Limit 50.

L12 Building Resilience: Taking Care of Ourselves for the Long Haul

It takes courage to help child and adult victims of sexual abuse, to assist survivors of violence, fires, or flooding, to enter homes of potentially hostile clients, and sometimes, to carry the heartbreak of generations. It also takes commitment to do this work despite the personal, physical, emotional, and mental impact it can have. Session includes the knowledge and skills to identify the signs of vicarious trauma and burnout. Participants assess their personal level of negative & positive effects and discuss strategies to address the negative impacts of vicarious trauma and enhance the positive impacts. Lisa Tieszen, MA, LICSW, Psychotherapist, Co-founder, Resilience Works, Boston, MA, Award-winning Social Worker. Special thanks to the Office of Victims of Crime, Training & Technical Assistance Center, U.S. Dept. of Justice, for support in making this presentation possible.

L13 Making Consequences Matter:

Trauma Informed Approaches to School Discipline

Inappropriate behavior in schools is often met with extreme and misguided punishment. Trauma-informed classroom approaches can create a learning environment that encourages relationships, fosters resilience, and decreases referrals to the social welfare and juvenile justice systems, already overwhelmed due to the opioid epidemic. Draws connections between Adverse Childhood Experiences and misbehaviors, the functions of behavior, alternative disciplinary strategies, and characteristics of a positive school climate. Autumn Williamson, BA, MSW Candidate, and Dominic K. Allen, BA, MSW Candidate, Graduate Assistants, Marshall Univ. Dept of Social Work, Huntington.

L14 Moving Hospice Upstream: Caring for the Seriously Ill

Highlights the differences between hospice and palliative care, and discusses payment models. Review the range of available care options for the seriously ill, including community palliative care, four levels of hospice care, counseling, bereavement, and volunteer support. The role of the social worker will be defined and case studies presented. Christine L. Zinn, RN, BSN, MSc, Executive Director, Hospice Council of WV, and Sarah E. Shapero, MSW, LCSW, Hospice and Palliative Social Worker, HospiceCare, both of Charleston, WV.



Friday Afternoon May 1, 2020, One Hour 'M' Sessions, 3:15 – 4:15 PM

M 1 Recovery Housing: Certification in West Virginia

A brief overview of recovery residences, what they are, why certification is important, and what certification will look like in West Virginia. The National Alliance for Recovery Residences (NARR) established standards for recovery residences, developed through a strength-based, collaborative approach, which define the spectrum of housing, services, and levels. NARR also developed a Code of Ethics that applies to all certified residences, including operators, staff, peer leaders and volunteers. Emily Birkhead, MSW Candidate, Executive Director, West Virginia Alliance of Recovery Residences, Charleston, WV.

M 2 Self-Help Recovery: How AA/NA Meetings Operate

Sponsored by a local AA group, this session demonstrates an open, mixed, AA/NA discussion meeting and is open to all conference attendees. Follows the routine format used at meetings around the world. An excellent opportunity to experience how a self-help meeting functions. The variety of self-help groups available to the public are discussed, along with a brief history of the Self-Help Recovery Movement. Facilitator: Joe Deegan, MSW, LICSW, AADC, Business Development Liaison, Addiction Healing Center, St Francis Hospital, Charleston, WV.

M 3 Updates from the West Virginia Board of Social Work

Your opportunity to receive an update on initiatives and changes, and to dialogue with the Board about qualification for license, supervision and continuing education requirements, and other matters. Several new Board members have recently been appointed by the Governor. Vickie James, MSW, LCSW, Executive Director, and Members of the WV Board of Social Work, Charleston, WV.

M 4 Climate Change: An Increasing Concern

Climate change is linked to many current health and safety issues affecting families, communities, homes, the economy and society. Gain insight into ways to address climate change, while considering and respecting the needs of vulnerable populations. There is a pressing need for social justice action, and consideration of the needs of persons affected not only by climate change, but potentially by the solutions we pursue. Jim Probst, Regional Director, Citizens' Climate Lobby, Hamlin, WV accompanied by a panel of experts in the field.

M 5 Mountain Health Promise:

New Foster Care Managed Care Program

An opportunity to dialogue with those overseeing the new managed care program addressing the state's child welfare and foster care crisis. Expected to begin on March 1st, Mountain Health Promise aims to streamline administration of health services, tailor services to meet needs, better coordinate care, and transition children and youth from out-of-state care to community-based treatment in West Virginia. Implementation issues and collaboration between Aetna and WV DHHR will be explored.

Tony Richards, MPH, Child Welfare Program Manager, WV DHHR, BMS, OMC, Charleston, WV and Jim Smallridge, RN, Manager, Community Development, Aetna Better Health of WV.

M 6 ISTSS: An Organization with Important Resources Concerning Traumatic Stress

The International Society of Traumatic Stress Studies is an interdisciplinary professional organization that can assist WV social workers in their important work. ISTSS brings together clinicians and researchers to advance knowledge about traumatic stress. Learn about this important work and explore membership options.

Kathi Muscari, LPC, BCC, DCC, ALPS, Therapist, KPCC Counseling, Charleston, WV.

M 7 People Powered Movements = Real Self Determination

At the roots of the social work profession are people! This workshop explores how grassroots organizing and empowering people go hand in hand and are essential to making the change we want to see in the world, as social workers. Join us in this interactive and skill building workshop to learn more about what organizing really is and how it connects to social work and improving the community, state and world! Jennifer Wells, MSW, Executive Director, and Carey Jo Grace, Organizer, both of Our Future West Virginia, Huntington, WV.

M 8 A Grassroots Community Response to the Addiction Crisis: Advocacy for Harm Reduction – "SOAR"

Solutions Oriented Addiction Response (SOAR) is a grassroots Charleston-based group of people in recovery, people with loved ones affected by the opiate crisis, and professionals. It formed in 2018 in response to the elimination of the Kanawha Co. harm reduction program and has grown to involve over 150 people. Although harm reduction is a priority, SOAR also focuses on addressing stigma, public education, policy, and advocacy at the local and state levels. Hear about SOAR's story, lessons learned, and activities you can start in your community to challenge stigma and save lives.

Sarah Stone, Peer, Charleston, and Joe Solomon, MSW, Social Worker, Cabin Creek Health Systems, Kanawha Co., WV.

M 9 Problem Gambling in West Virginia:

A Bigger Problem than You Think

West Virginia has consistently been ranked as "one of the most gambling addicted states" by Wallet Hub. Legal gambling has expanded at an explosive pace in West Virginia in the last 20 years. One in 50 West Virginians are struggling with gambling addiction. Despite this, very little attention is given to this issue. It is rarely screened for and those suffering from it rarely seek treatment. This, despite the fact that West Virginia has one of the most comprehensive treatment networks for problem gambling in the country. Find out why gambling addiction is often overlooked and what you can do about it.

Sheila Moran, MSW, LSW, ICGC, Director of Communications and Marketing, and Jennifer Davis-Walton, MS, Program Director, both of First Choice Services, Charleston, WV.

M10 End of Life Issues for Veterans

One out of every four dying Americans is a veteran. The majority of veterans do not receive healthcare within the VA. Community partners need to understand the importance of integrating military service into end of life care. Learn about special considerations, such as military culture, unique individual experiences, service connected illness, PTSD, spiritual distress, and other factors that can impact veterans and their families during this most difficult time. Also discover how VA is moving forward with comprehensive end of life care.

Christina G. Davis, MSW, BSW, LCSW, Hospice and Palliative Care Coordinator, Hershel "Woody" Williams VAMC, Huntington, WV. VET

